



Transform into the best version of yourself with our annual gym membership programme. Choose from three distinct tiers tailored to your fitness goals and health aspirations.

The Fitness & Wellness Centre is perfect for health and fitness enthusiasts who value professional service and a highly personalised approach. Conveniently located across the river from Mandarin Oriental, Bangkok, our centre offers a wide array of fitness and workout options in a relaxed yet sophisticated setting.

PRIVILEGES	ANNUAL FITNESS MEMBERSHIP SINGLE	SIX MONTHS MEMBERSHIP
	THB 68,000 NET	THB 38,000 NET
<ul style="list-style-type: none"> • Get access to the daily complimentary classes. • Usage of Gym and the facilities. 	●	●
FITNESS & WELLNESS CENTRE BENEFITS: <ul style="list-style-type: none"> • Complimentary one-hour Personal Training session per month (valued at THB 2,942.50 net). • 20% discount on subsequent Personal Training sessions. • 20% discount on all Private Wellness Sessions. • 20% discount on Tennis Court Rental and tennis lessons with a coach. • Complimentary 12 Day Passes (valued at THB 19,067.40 net). • Complimentary Group Classes: an array of complimentary classes every day, from daily yoga to weekly Muay Thai and other wellness classes, to help you achieve your fitness and wellness goals. 	●	
SPA BENEFITS: <ul style="list-style-type: none"> • 20% discount on all Body Massages. 	●	
F&B BENEFITS: <ul style="list-style-type: none"> • 20% discount at all restaurants except Le Normandie, Baan Phraya, and The Bamboo Bar. 	●	
LAUNDRY: <ul style="list-style-type: none"> • 20% discount on the laundry service at Mandarin Oriental, Bangkok only. 	●	
OTHER BENEFITS: <ul style="list-style-type: none"> • Welcome Gift of a personalised water bottle. • Free parking for up to 5 hours at The Oriental Spa side or Hotel Side. 	●	

Terms & Conditions:

- Privileges and benefits are not transferrable and non-accumulative.
- Memberships are pre-paid and joining fees are one time only, non-refundable.
- All prices are inclusive of government taxes.
- The minimum age requirement for Fitness & Wellness Centre access is 16.
- The use of alcohol and tobacco on spa and Fitness & Wellness Centre premises is strictly prohibited.
- Discount blackout dates for Spa, Wellness and F&B services apply during festive season.
- Discount on the laundry service are for sports wear only. Pressing, dry cleaning not included. The discounts are not applicable to laundry outlets in the shopping malls.

Speak to our 'Wellness' associates, please call + 66 (0) 2659 9000 or via email mobkk-sportscentre@mohg.com

