

news release

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THE SPA AT MANDARIN ORIENTAL MAYFAIR, LONDON



Hong Kong, 27 November 2023 – [Mandarin Oriental Mayfair, London](#), will be home to a new signature Spa, providing the perfect antidote to the fast pace of London life for hotel guests, residents and the local community, when the hotel opens its doors in early 2024.

A sleek boutique sister Spa to the esteemed wellness space at Mandarin Oriental Hyde Park, [The Spa at Mandarin Oriental Mayfair](#) is moving into new spaces by offering dynamic treatments such as new to London binaural ‘biohacks’ in an urban utopia on Hanover Square, in the heart of Mayfair.

The spa will feature an indoor 25-metre heated swimming pool, sauna, vitality pools, experience showers and steam rooms, along with a state-of-the-art gym and an innovative array of bespoke wellness treatments.

The interiors of the subterranean spa have been designed by Tokyo based studio, **Curiosity**, who have also designed the public spaces throughout the hotel. Basing their concept on ‘a hub of nature and art’, the result is a sleek and stylish wellness space that draws on the greenery of Hanover Square. Guests are welcomed by a sculptural green Ming marble reception desk and an earthy palette of natural materials - wood, stone, and warm bronze – with candle-like lighting creating a soothing setting cocooned beneath the beating heart of London.

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The Spa at Mandarin Oriental Mayfair will offer a carefully curated collection of treatments by a variety of brands that specialise in science and sustainability. These include results-driven ‘Swiss Perfection’; naturally pure, scientifically proven brand ‘Seed to Skin Tuscany’ and CBD-infused ‘OTO’. Two experiences, exclusive to the Spa, have been inspired by the local surroundings – a four-handed Tranquility of Mayfair massage therapy and a signature Elegance of Mayfair facial. Mandarin Oriental’s Asian heritage will be reflected through the Group’s signature Oriental Qi ritual that works on the energy of the meridians’ using the benefits of essential oils from Mandarin Oriental’s bespoke range created exclusively by Aromatherapy Associates.

Traditional therapist led treatments combined with binaural acoustic and dynamic stimulation designed to synchronise with brain waves and induce a meditative, relaxed state will be offered with Mayfair footfall front of mind. New to London, these biohacking treatments are available as short 22-minute result-driven biohacks - Stress release, Mindfulness, Power Nap and Awaken. Other treatments include a series of NAD+ vitamin boosting IV infusions, designed to alleviate symptoms such as jetlag or hangovers as well as offering immune boosting support.

In addition to the treatments and therapies offered by The Spa, the hotel has also given careful consideration to the over-arching wellness concepts which will be embedded within the guest experience. This includes a partnership with Bodyspace who will provide a suite of hyper-personalised lifestyle performance services. With a focus on improving longevity and quality of life, Bodyspace brings together a unique network of world leading practitioners in fitness, nutrition, health technologies, science, and medical wellness to deliver transformational lifestyle performance programmes. Concepts include personal training, the only commercial grade, digitally connected Pilates Reformer with an ever-growing library of 100+ results-driven on demand workouts, a multi-function fitness centre, swimming and fitness assessments, nutritional consultations, physiotherapy and compression therapy by NormaTec, technology used by elite athletes to improve recovery and performance.



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Mandarin Oriental Mayfair will launch in early 2024 as a discreet, sleek, and intimate property based in the heart of London's most stylish neighbourhoods, where fashion, media, art, and business intersect. The hotel will comprise 50 guestrooms and 77 private residences, the first restaurants in the UK by award-winning Chef Akira Back and a stunning signature Spa.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most luxurious hotels, resorts and residences. Having grown from its Asian roots into a global brand, the Group now operates 37 hotels and 10 residences in 25 countries and territories, with each property reflecting the Group's oriental heritage, local culture and unique design. Mandarin Oriental has a strong pipeline of hotels and residences under development, and is a member of the Jardine Matheson Group.

Further information is available on our Social Media channels and website: www.mandarinoriental.com, including Media Centre. Alternatively, please contact:

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