



## Aromatherapy Associates and The Mandarin Spa

### *Pause and Reset*

Join us for an exclusive evening at Mandarin Oriental, Hong Kong, as we unveil the transformative Pause & Reset treatment.

Guided by an Aromatherapy Associates expert, this exclusive workshop will explore how pure essential oils can help support signs of hormonal change, balance the body, calm the mind and bring equilibrium to symptoms of stress.

Enjoy an evening dedicated to restoration and renewal.  
Spaces are limited - RSVP to reserve your place.

**DATE**  
27 March 2025

**TIME**  
7:30PM - 8:30PM

**VENUE**  
Mandarin Salon  
24/F, Mandarin Oriental, Hong Kong

**ADDRESS**  
5 Connaught Road Central, Hong Kong

For more information or to reserve, please call +852 2825 4888  
or [mohkg-spa@mohg.com](mailto:mohkg-spa@mohg.com)