



EMOTIONAL WELLNESS WITH DR. BUATHON

From 6 to 20 June 2025, renowned holistic practitioner Dr. Buathon Thienarrom returns to The Mandarin Spa to offer her unique approach to holistic healing.

Her exclusive treatments include Body-Mind and Spiritual Wellbeing, to release physical tension allowing the life force energy to flow with ZenNaTai, energy enhancing through Vibrational Healing Bowl and transform your mind for a greater mental clarity and alignment.

Guests will leave feeling euphoric and relaxed, have an increased chi flow (or life energy), and a peaceful state of mind.

For more information and reservations, please speak with the spa concierge team.

WORKSHOP SCHEDULE

From 6 to 20 June 2025
8-9pm | Mondays-Fridays
4/F The Oriental Spa Studio

VIBRATIONAL HEALING BOWL 60 Minutes

HKD 580 per session*
3 sessions* or above to enjoy 10% discount

A sequence of three sessions to cleanse and realign your physical and mental energy and sleeping pattern enhancement.

Unwinding your thoughts and allow sound vibration of healing bowl to vibrate water tide within your body to purify and enhance an inner wellbeing.

MANTRA HEALING 60 Minutes

HKD 580 per session*
3 sessions* or above to enjoy 10% discount

Mantra is a great tool to calm down the monkey mind through mantra expression with intentional breathing practice to raise the vibration, releasing the emotional storage and transform your expression through love and compassion, promoting vitality and enhance mental clarity.

*A 10% service charge will be added to your final bill for each service.