

**SMOOTHIES**

**SUPER GREEN**

APPLE | TATSOI | SPINACH | MELON | GREEK YOGURT 8

**PINEAPPLE-COCONUT**

PINEAPPLE | COCONUT | PINEAPPLE JUICE | GREEK YOGURT 8

**DAIRY FREE STRAWBERRY- BANANA**

STRAWBERRY | BANANA | ORANGE JUICE 8

**PROTEIN POWER**

HAZELNUT CHOCOLATE | TOFU  
BANANA SOY MILK | NON-FAT YOGURT 9

**FRUIT | YOGURT | GRAINS**

**BREAKFAST PARFAIT**

GRANOLA | YOGURT 9

**CEREAL 9**

**ORGANIC YOGURT OR GREEK YOGURT 8**

**HOUSEMADE ORGANIC GRANOLA 8**

**FRUIT PLATE 8**

**IRISH OATMEAL**

RAISINS | BROWN SUGAR 8

**BIRCHER MUESLI**

NUTS | BERRIES | YOGURT 8

**SIDES**

**APPLEWOOD SMOKED BACON 6**

**CHICKEN APPLE SAUSAGE 6**

**PORK SAUSAGE 6**

**BREAKFAST POTATOES 6**

**TOASTED BAGEL | CREAM CHEESE 5**

**HOUSEMADE PASTRY 4**

**SAVORY**

**SMOKED SALMON BAGEL**

PUMPERNICKEL BAGEL | CREAM CHEESE  
PICKLED SHALLOTS | DILL 16

**6 OZ HANGER STEAK AND EGGS**

BREAKFAST POTATOES  
TOAST OR ENGLISH MUFFIN 23

**CONGEE**

SHIITAKE MUSHROOMS | SCALLIONS | POACHED EGG 12

**HUEVOS RANCHEROS**

PINTO BEANS | TOMATO SALSA | AVOCADO MOUSSE 15

**EGGS**

**TWO EGGS PREPARED YOUR WAY**

BREAKFAST POTATOES | TOAST OR ENGLISH MUFFIN 11

**TOMATO BASIL EGG WHITE OMELET**

TOMATO | BASIL | ROASTED GARLIC | MOZZARELLA 11

**NORTH COUNTRY HAM OMELET**

SPINACH | SHIITAKE MUSHROOM | CHEDDAR CHEESE 12

**SMOKED SALMON EGGS BENEDICT**

POACHED EGGS | SALMON | DILL | HOLLANDAISE 18

**CHESAPEAKE BENEDICT**

JUMBO LUMP CRAB | BACON | OLD BAY HOLLANDAISE 19

**SWEET**

**BRIOCHE FRENCH TOAST**

ROASTED CARAMEL APPLES 14

**BUTTERMILK FLAPJACKS**

HONEY BUTTER 12

ADD: BLUEBERRY | BANANA | CHOCOLATE CHIPS 3

**BELGIAN WAFFLE**

BERRIES | WHIPPED CREAM 14

**BEVERAGES**

JUICE 5

COFFEE 8

ESPRESSO 6

MACCHIATO | LATTE | CAPPUCCINO 7

SELECTION OF TEAS 8

WHOLE | 2% | SKIM | SOY MILK 4