

# SPA PROGRAMMES

## **SOOTHING VOYAGE    4 hours 20 minutes**

Enjoy this soothing voyage through aromatic Italy with your chosen one.

- Welcome foot ritual
- Italian Romance
- Intense Hydrating Facial
- Healthy snacks and tea

## **EXQUISITE MILAN    3 hours 20 minutes**

Dream of art, music and literature whilst enjoying this relaxing calming treatment, that evokes the spirit of Milan.

- Welcome foot ritual
- Home Grown Body Scrub
- Customised Essential Facial
- Calm Mind
- Healthy snacks and tea

## **CLEANSE AND BALANCE    2 hours 20 minutes**

Cleanse your body from the inside out with this wonderful balancing treatment.

- Welcome foot ritual
- Quintessence scrub
- Lymphatic massage
- Rejuvenate Gold
- Healthy snacks and tea



**The Spa at Mandarin Oriental, Milan**

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