

GENTLEMAN ESSENTIALS

TIME FOR MEN 1 hour 50 minutes or 2 hours 50 minutes

Mandarin Oriental's bespoke "Time Rituals" encourage guests to book time rather than specific treatments, so that treatments can be tailor-made to meet individual needs. An in-depth consultation will determine your individually created experience.

MANKIND 1 hour 50 minutes

An indulgent body treatment designed to melt away tension and bring your body and mind back into harmonious balance. Following a salt and oil scrub to exfoliate the body, a deep, purposeful body massage using blended aromatherapy oils, combined with hot stones will work on vital energy points and chakras around the body. A soothing head massage completes the treatment, leaving you feeling completely relaxed.

AGE REBEL FACIAL 1 hour 20 minutes

An effective, age-defying facial specifically tailored for men's skin and designed to deliver immediate results. Incorporating our revolutionary professional Enzyme Peel, containing the highest levels of completely natural fruit acids and AHA's, to dramatically aid tired looking skin and reduce fine lines and wrinkles, the treatment also includes a deep neck and shoulder massage.

BACK, FACE AND SCALP 1 hour 20 minutes

This experience delivers triple results by targeting three key areas – the back (physical stress), the face (skin stress) and the scalp (mental stress) – making it the ideal treatment for anyone looking to relax.

MEN'S SHOULDER, NECK AND FACE MASSAGE 50 minutes

Whether your skin needs a deep cleanse, a healthy glow, soothing or hydrating, we encourage our male guests to experience this personalised treatment, combining a relaxing shoulder, neck, face and scalp massage, with tailored attention to your skin's specific needs.



The Spa at Mandarin Oriental, Milan

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