juice 6.

fresh orange / fresh grapefruit / fresh carrot / tomato / v-8 / cranberry / apple / prune / pineapple juice

juice of the day 9.

freshly squeezed

coffee, espresso 5.

selection of loose tea leaves 6.

smoothie 10. choice of pineapple and protein / mixed berry and ginseng

fruit cocktail 9. choice of melon / grapefruit

market fruit salad 15.

fresh berries 15.

natural nonfat or flavored yogurt 7. add fresh berries 6.

belgian waffles 15.

berries, mascarpone cheese

cornflake crusted brioche french toast 15. peaches, chantilly cream

stack of buttermilk pancakes 19. with fresh berries

whole wheat pancakes 19.

with apple butter

banana-apple maple muesli 14.

hot oatmeal 8.

milk or cream, brown sugar, raisins

selection of dry cereals 7. add bananas 2. add berries 6.

your choice 6.

served with sweet butter and preserves

assorted morning pastries toasted bagel and cream cheese whole wheat rye seven-grain cinnamon raisin toast english muffins

breakfast buffet 28. selection of

assorted cereals / morning pastries /

yogurt / seasonal fruits / breakfast potatoes / scrambled eggs / bacon / sausage / chef's choice of silver dollar pancakes, waffles, or french toast / fresh orange, grapefruit or juice of the day / coffee or selection of loose tea leaves

the health mark 23.

pecialties

pecialtie

fresh orange, grapefruit or juice of the day / fruit salad / low fat yogurt / daily muffin / coffee, tea or milk

all american breakfast 28.

fresh orange or grapefruit juice / two eggs any style / fruit salad / black forest ham, applewood smoked bacon, country link sausage or chicken sausage / white, whole wheat, rye, seven grain, cinnamon raisin toast or english muffin / coffee, tea or milk

two eggs any style 16. choice of black forest ham, applewood smoked bacon or country link sausage

duo of eggs any style and pancakes 16. two eggs, blueberry pancakes, choice of breakfast meats

french toast and eggs 16

two eggs, cornflakes crusted french toast, choice of breakfast meats

miami open faced omelet 17.

avocado, sautéed mushrooms, tomato, green onion, mozzarella, cheddar, swiss cheese, sour cream, crisp tortilla

three egg omelet 18.

with your choice of ham, cheddar, swiss, spinach, peppers, bacon, portabella mushroom, herbs, jalapeño

egg white portabellaasparagus omelet 18.

balsamic grilled portabella tossed with asparagus, fresh basil and mozzarella cheese, tomatoes

thai omelet 18.

stir fried chicken, thai dressing, peppers, onion, cucumber salad and jasmine rice

traditional eggs benedict 19.

toasted english muffins, grilled canadian bacon, poached eggs, hollandaise sauce

smoked salmon benedict 21.

grilled english muffins, seared smoked salmon, cream cheese, poached eggs, hollandaise sauce

huevos rancheros 17.

fried eggs, chorizo, refried beans and tortillas, salsa

smoked salmon on bagel 18.

cream cheese, thin sliced red onions, tomato, capers, toasted bagel

grilled kobe churrasco steak & eggs 31.

applewood smoked bacon / black forest ham / country link sausage / canadian bacon / chicken sausage 9.

breakfast potatoes 5.