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mandarinoriental.com/marrakech/luxury-spa



ESSENCE OF MARRAKECH

MOROCCAN ROSE

3600 MAD

3 hours

Treat your senses with a sensorial and poetic journey through the land of Morocco. A restorative and relaxing Moroccan experience, combining the best natural ingredients. Your journey begins with a relaxing bath infused with aromatic roses, followed by a full body wrap. Whilst your body is enveloped, your face will be refreshed with a revitalising and rejuvenating facial massage with natural argan oil. Your treatment is complete with a massage from head to toe using our signature oils rose, argan & prickly pear.

MOUR AKOUCH

2900 MAD

3 hours

Cleanse and relax your mind and body with this Berber inspired treatment. Designed to relieve built up stress and, to give an overall feeling of wellbeing, this treatment integrates a traditional hammam, a full body wrap using crushed honey and ginger, and a head massage with argan oil. A deep rhythmic massage will continue your experience. This treatment may be enjoyed as a personal introspection or with a companion

CARACAL

3300 MAD

3 hours 30 minutes

Using a holistic approach to unveiling your natural beauty this luxurious Moroccan experience will treat you from head to toe. Including an indulgent hammam, hair washing, an oxygen facial, scalp massage and a ceremonial massage using orange blossom, lavender or rosemary essential oils.

PAMPERING

2600 MAD

3 hours 30 minutes

Reach ultimate bliss with our unique Pampering Moment treatment, which incorporates a traditional Moroccan hammam, a hydrating body wrap, rejuvenating manicure and pedicure, and a relaxing massage using essential oils.



THE HAMMAM

TANGERINE DELIGHTS

2400 MAD

2 hours

Using marocMaroc tangerine infused products this hammam treatment has been created to sublimate the body, face and hair while taking you on a unique sensory journey.

ESCAPE

1000 MAD

1 hour

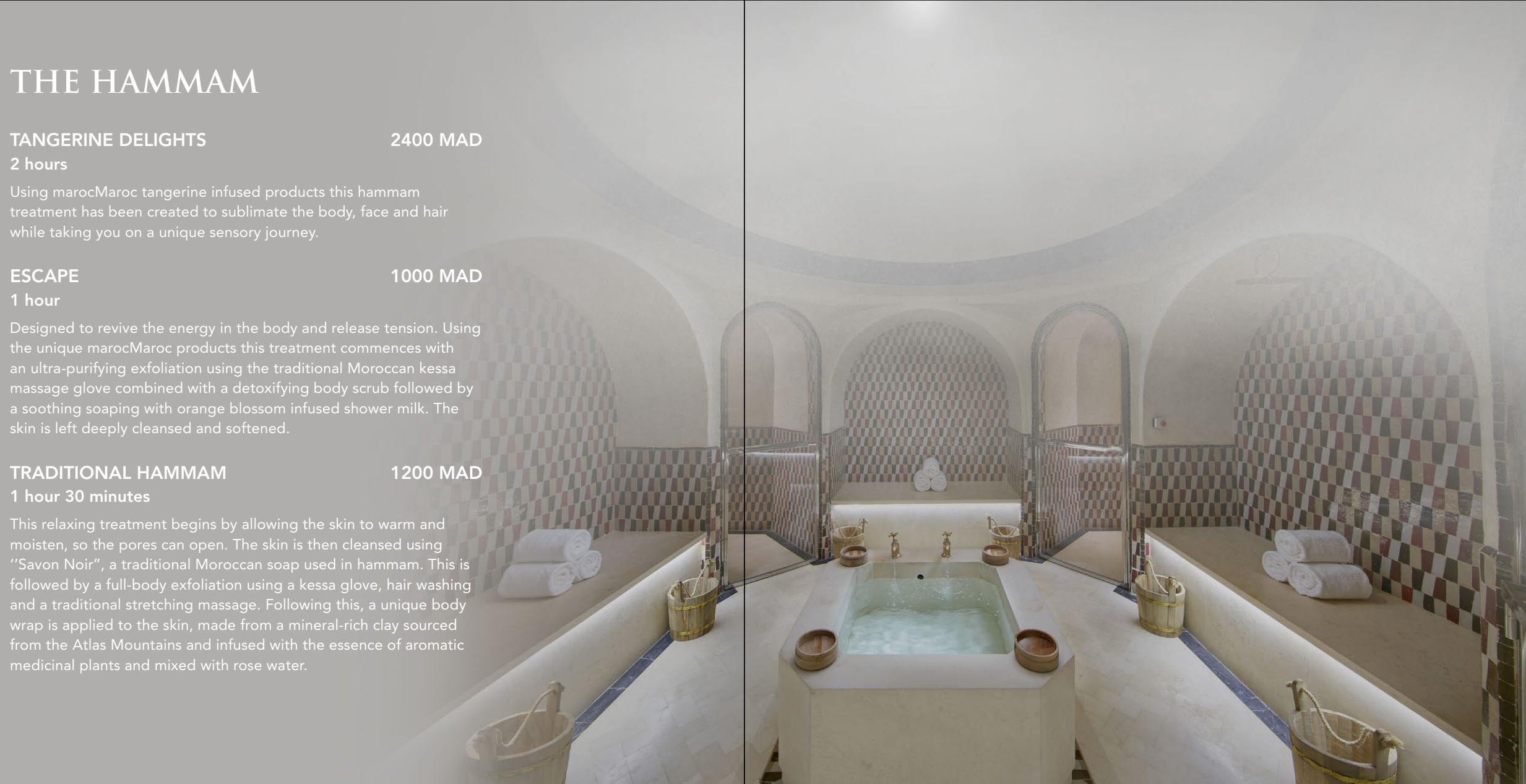
Designed to revive the energy in the body and release tension. Using the unique marocMaroc products this treatment commences with an ultra-purifying exfoliation using the traditional Moroccan kessa massage glove combined with a detoxifying body scrub followed by a soothing soaping with orange blossom infused shower milk. The skin is left deeply cleansed and softened.

TRADITIONAL HAMMAM

1200 MAD

1 hour 30 minutes

This relaxing treatment begins by allowing the skin to warm and moisten, so the pores can open. The skin is then cleansed using "Savon Noir", a traditional Moroccan soap used in hammam. This is followed by a full-body exfoliation using a kessa glove, hair washing and a traditional stretching massage. Following this, a unique body wrap is applied to the skin, made from a mineral-rich clay sourced from the Atlas Mountains and infused with the essence of aromatic medicinal plants and mixed with rose water.



SIGNATURE THERAPIES

TIME RITUALS™

2 hours / 3 hours

Book a length of time and enjoy the most holistic experience possible, by allowing our therapists to utilise their individual talents to create and customise treatments to your unique individual needs.

2400 MAD / 3400 MAD

ORIENTAL QI

2 hours

A simple, effective and authentic spa experience. This relaxing, hands-on body massage ritual works on the energy of the meridians' using the benefits of essential oils.

2400 MAD

ORIENTAL HARMONY

2 hours

Two therapists work together in time and movement; first providing a warm scrub that soothes the skin and later a harmonious massage that balances the body. Ideal for those suffering from Jet Lag.

3600 MAD

INNER STRENGTH

2 hours

Using a blend of healing and balancing aromatherapy oils, this nurturing treatment uses massage to ease physical tension and emotional anxiety resulting from a traumatic experience or stressful time in one's life.

2200 MAD

DIGITAL WELLNESS ESCAPE

1 hour 20 minutes

Concentrating on the head, eyes, neck, shoulders, hands and feet, this restorative treatment aims to ease stresses and strains resulting from the frequent use of digital devices.

2000 MAD





ESSENTIAL TRAVELLER

DEEP SLEEP

1800 MAD

1 hour 20 minutes

Using a blend of relaxing essential oils, this full body massage involves carefully applied pressure techniques to balance the nervous system and ease an overactive mind. Induces a deep sense of tranquillity and a good night's sleep.

CALM MIND

800 MAD

45 minutes

Re-harmonise your natural energy flow with our signature head massage, designed to completely relax both body and mind.

MASSAGE

All of our massage treatments are customised for each guest. Your therapist will perform a thorough consultation to understand your needs, before designing a treatment drawing from a number of massage techniques to increase muscle relation, improve circulation and increase overall wellbeing.

ORIENTAL ESSENCE

2200 MAD

1 hour 30 minutes

Using custom-blended Oriental oils and movements inspired by traditional Oriental therapies, this tension-busting massage treats the whole body. Focuses on the traditional stress-holding areas of the back, neck and shoulders.

THERAPEUTIC ARGAN

2200 MAD

1 hour 30 minutes

This truly effective therapeutic massage helps dissolve aches and strains. The oil is applied to the body using the therapist's elbows and forearms in this stimulating and deeply energising massage, using argan oil known as the "Tree of Life", Berber women have used Argan oil for centuries to protect and nourish their skin, hair and nails.

THAI

2000 MAD

1 hour 30 minutes

Performed wearing loose style clothing, this traditional Thai massage is conducted on a futon. A combination of gentle rocking motions, rhythmic acupressure and assisted stretching helps to deeply relax and revitalise body and mind. Increases flexibility, relieves joint and muscle tension, and balances the body's energy system.

HOT STONE THERAPY

2200 MAD

1 hour 30 minutes

Inspired by traditional Native American Indian practices, this relaxing massage uses heated stones to generate energy and create a sense of balance. It also helps relieve deep-seated muscle tension.

ORIENTAL BAMBOO

2000 MAD

1 hour 30 minutes

Using specialised massage techniques and warm bamboo sticks to knead and stretch your muscles, this full body massage increases blood circulation and eases away tension, resulting in a sense of deep relaxation.

AROMATHERAPY

2000 MAD

1 hour 30 minutes

A deeply therapeutic holistic treatment which combines the power of essential oils with the best of eastern and western massage techniques, to create a feeling of physical relaxation and calm, whilst mentally uplifting and clearing the mind.

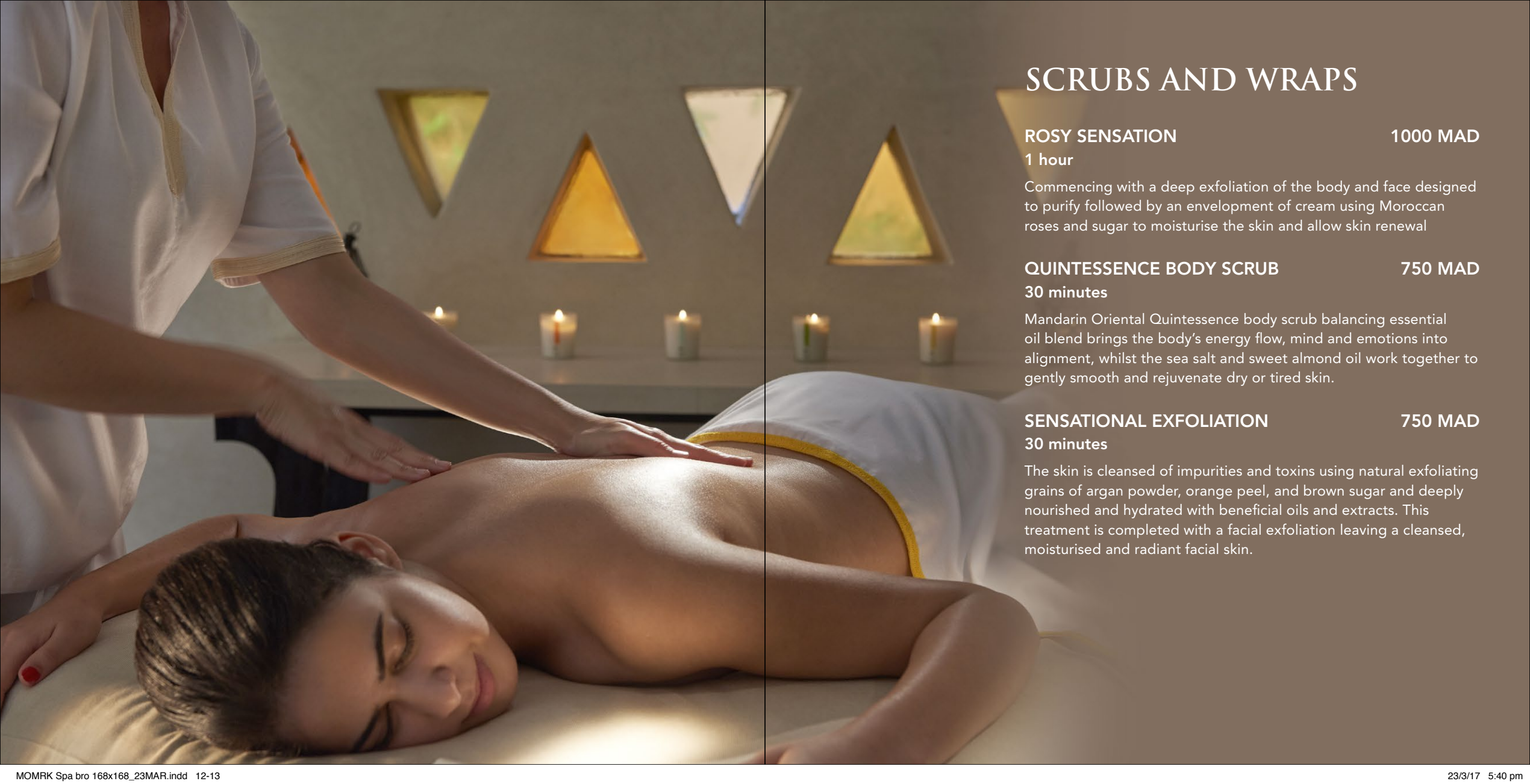
MUM TO BE

1200 MAD

1 hour

This luxurious treatment uses traditional aromatherapy massage to nurture and support in a time of constant change. Using pregnancy-safe oils, the massage eases away tension in the upper back and shoulders, nourishes skin and relaxes the body.





SCRUBS AND WRAPS

ROSY SENSATION

1000 MAD

1 hour

Commencing with a deep exfoliation of the body and face designed to purify followed by an envelopment of cream using Moroccan roses and sugar to moisturise the skin and allow skin renewal

QUINTESSENCE BODY SCRUB

750 MAD

30 minutes

Mandarin Oriental Quintessence body scrub balancing essential oil blend brings the body's energy flow, mind and emotions into alignment, whilst the sea salt and sweet almond oil work together to gently smooth and rejuvenate dry or tired skin.

SENSATIONAL EXFOLIATION

750 MAD

30 minutes

The skin is cleansed of impurities and toxins using natural exfoliating grains of argan powder, orange peel, and brown sugar and deeply nourished and hydrated with beneficial oils and extracts. This treatment is completed with a facial exfoliation leaving a cleansed, moisturised and radiant facial skin.

HOLISTIC SKIN CARE

CUSTOMISED AROMATHERAPY FACIAL

1500 MAD

1 hour

Beginning with a facial assessment to determine your skin type, our therapist will select products from our Aromatherapy Associates facial range to create a facial experience tailor-made to your skin's needs.

ROSE INFINITY FACIAL

2200 MAD

1 hour 30 minutes

Achieve instant, long lasting results that noticeably lift, tone and firm the skin, leaving you with a flawless, healthy and younger looking complexion. Wrinkles and lines are plumped out for visibly smoother, younger looking skin.



ADVANCED SKIN CARE

POWER LIFT FACIAL

2 hours

A thorough and results-driven facial utilising galvanic and micro-current to increase the power of the active products and stimulate the skin at the deepest level. Facial muscles are lifted and toned and skin is boosted and hydrated, smoothing fine lines and wrinkles. A pressure point massage is carried out on the neck and shoulder area to aid relaxation.

O2

1 hour 30 minutes

Linda Meredith uses Oxygen's natural powerful healing element and infuses it into the skin, to increase healthy cell regeneration visibly reduce lines and wrinkles. A vitamin enriched serum combined with Beta Glycan which stimulates the formation of collagen is applied directly to the skin and transferred deep into the basal layers of the epidermis through the infusion of Oxygen. To achieve optimum results a natural alternative to Botox can be added into the treatment to complete this advanced Oxygen Therapy Facial.

SUBLIME ANTI-AGING:

1 hour

This anti-aging treatment acts on the wrinkles, radiance and firmness of the face, specifically targeting the contour of the eyes and the mouth. The treatment consists of a face exfoliation followed by a real lifting massage that rebalances the energy circulation of the face by intervening on the acupuncture points located on the meridian path that cross the face; this step will also help to harmonize all types of skins.

2800 MAD

2200 MAD

1500 MAD

BIOLOGIQUE RECHERCHE FACIALS

Since 1980 it has devoted itself to the art of personalized treatments, delivering outstanding immediately visible and long lasting results. The first step of Biologique Recherche's Methodology.

TRIPLE LIFT

2 hours

An exfoliating, repairing and toning treatment designed for mature skin instants. It leaves the skin on your face, neck and chest refined, plumped and lifted.

CUSTOM MADE

1 hour 30 minutes

After a thorough skin analysis with Skin Instant® Lab, an appropriate tailored treatment will be recommended choosing the best combination of highly concentrated natural, biological active ingredients and fragrance-free products that your skin most needs.

REMODELLING FACE

1 hour 30 minutes

Using state-of-the technology, Remodeling Face Treatment combines the power of four currents, for immediate, long-lasting results.

RECONDITION

1 hour

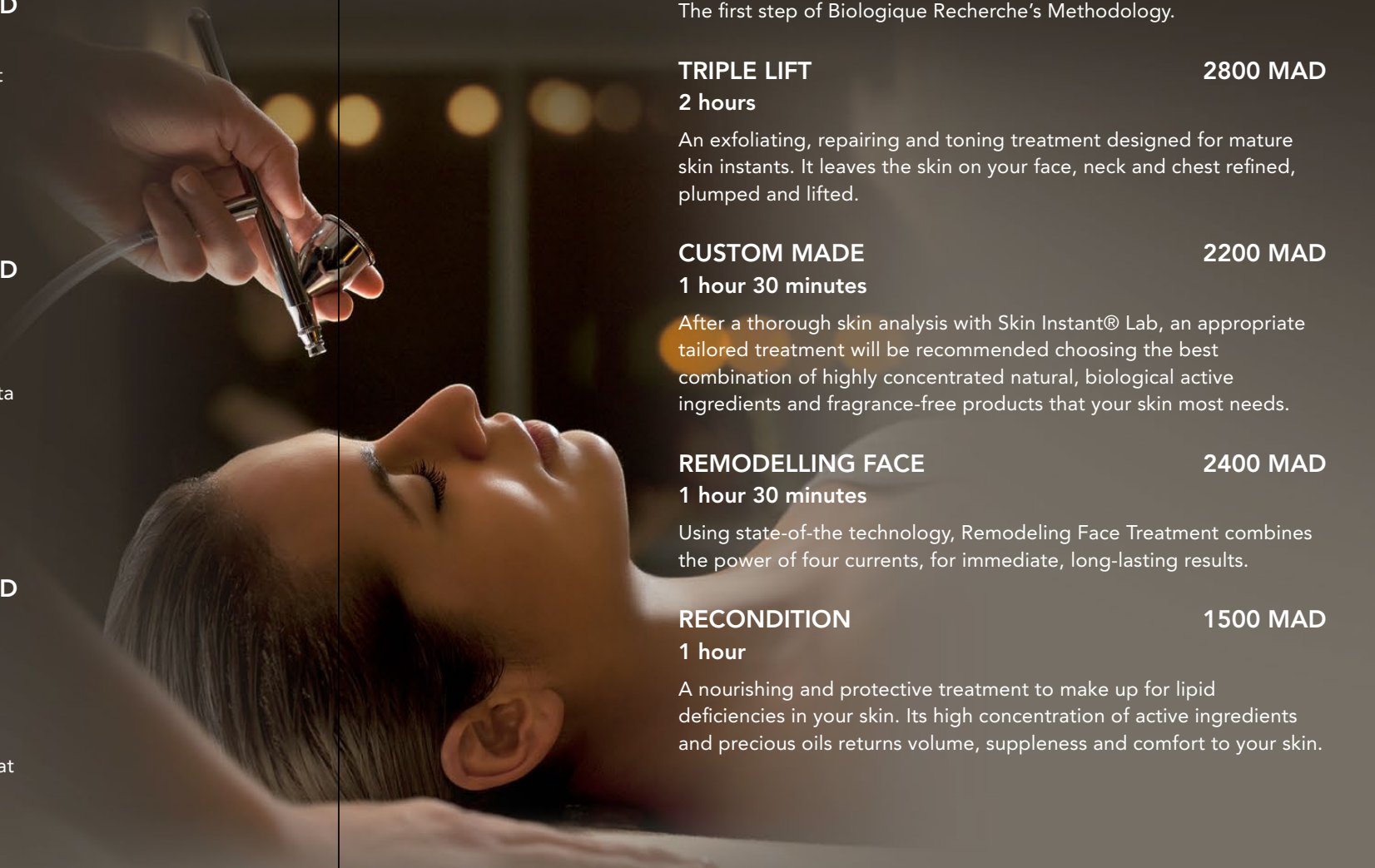
A nourishing and protective treatment to make up for lipid deficiencies in your skin. Its high concentration of active ingredients and precious oils returns volume, suppleness and comfort to your skin.

2800 MAD

2200 MAD

2400 MAD

1500 MAD





FINISHING TOUCHES

MANDARIN ORIENTAL MANICURE **700 MAD**

1 hour 30 minutes

A complete manicure during which hands are cleansed, exfoliated, treated and nourished.

MANDARIN ORIENTAL PEDICURE **750 MAD**

1 hour 30 minutes

A complete pedicure during which feet are cleansed, exfoliated, treated and nourished.

CLASSIC MANICURE **500 MAD**

50 minutes

For ultimate grooming of the hands.

CLASSIC PEDICURE **600 MAD**

1 hour

For ultimate grooming of the feet.

SHELLAC MANICURE OR PEDICURE **800 MAD**

1 hour 30 minutes

This flawless treatment involves zero dry time, no nail damage, resilient mirror finish, strong protected nails and flawless colour for 14 days.

WAXING

All waxing treatments are available upon request.

PROGRAMMES

DREAM DAY

COUPLES

9900 MAD

SINGLE

4950 MAD

5 hours

For your dream day, the spa will immerse you in a world of absolute relaxation where you have unlimited free access to our indoor and outdoor pools, steam facilities and fitness and wellness area.

For Her

- Traditional Hammam
- Spa Cuisine
- Rose Infinity Facial
- Oriental Essence

For Him

- Traditional Hammam
- Spa Cuisine
- Power Lift Facial
- Therapeutic Argan



FITNESS & WELLNESS

Our Fitness Centre is equipped with state of the art results-oriented fitness equipment targeted to achieve your wellness goals. This equipment includes cardiovascular, strength and flexibility equipment. Together with a cutting edge modular cable system “Kinesis” which helps to create strength, flexibility and stability. Our team of dedicated professionals will cater to all levels of experience and current conditioning in a luxurious wellness environment.

PERSONAL TRAINING

800 MAD

60 minutes

Whatever your goal, be it to improve overall fitness and wellness, improve endurance or to gain guidance in a lifestyle change, our specialised instructors will work with you to ensure that you focus on appropriate customised exercises to gain optimal results and to help you to reach your potential.

ASSISTED STRETCH

300 MAD

30 minutes

Our specialist team has developed a unique stretch combination to revitalise you at the end of your workout session. Receive a one-on-one stretch that will help to increase your suppleness and alleviate muscular aches and pains.

PRIVATE YOGA CLASS

800 MAD

60 minutes

Awaken your inner senses with this ancient Indian practice of mind, body and spirit. Our specialist yoga instructor will customise your sessions and through a sequence of poses helping to cleanse, purify and energize.

A private yoga class with our instructor will ensure you get the most out of each session, however yoga classes for all levels are also available in either our studio or on the garden.

BELLY DANCE

600 MAD

60 minutes

An expressive dance composed of percussive movements (most commonly of the hips), fluid movements (to interpret melodic lines and lyrical sections in the music) and shimmies, shivers and vibrations (small, fast, continuous movements of the hips or ribcage).

Belly dance is a non-impact, weight-bearing exercise and is thus suitable for all ages.

ZUMBA

600 MAD

60 minutes

A dance fitness programme that involves dance and aerobic movements performed to energetic music. The choreography incorporate hip-hop, samba, salsa, merengue and mambo.

Because Zumba offers different options, proponents of the Zumba programme claim that it is safe for all ages, meaning that anyone from age 0 to 100 can participate in this form of aerobic exercise.

FITNESS AND WELLNESS CLASSES

We also have a varied range of fitness and wellness classes available throughout the week. Please ask our spa and fitness professionals for the weekly schedule.

Please be advised that all fitness and wellness services must be booked in advance through our spa concierge by calling Ext: 1254.



TERMS & CONDITIONS

OPENING HOURS

Fitness Centre : Monday – Sunday 7:00 am – 9:00 pm

Spa Treatments and Beauty Salon : Monday – Sunday 10:00 am – 9:00 pm

Hair Salon : Monday – Sunday 10:00 am – 9:00 pm

(Bookings for hair salon must be made in advance)

ADVANCED BOOKINGS

We highly recommended booking your treatment in advance to ensure that your preferred time and service is available

CANCELLATION POLICY

Please allow 24 hours notice of cancellation to avoid charges. Cancellations within 24 hours will incur 50% charge. Cancellation within 12 hours or a no show will incur a 100% charge. A credit card number is required at the time of booking.

GIFT CARDS

An ideal gift for spa enthusiasts, gift cards are available at The Spa.

SPA PACKAGES

Information on special spa packages or group programmes can be obtained by contacting the Spa Concierge at +212 5 24 29 88 94.

SPA ETIQUETTE

Our spa environment is one of tranquility and relaxation. Please respect all spa guests' right to privacy and serenity and please do not use mobile phones

SPA ARRIVAL

We recommend that you check in at Spa Reception at least 45 minutes prior to your first scheduled appointment. This allows us to have a brief discussion with you about your treatment expectations and also gives you ample time to enjoy our heat & water facilities. Please understand that late arrivals will not receive an extension of scheduled treatments.

AGE REQUIREMENT

The minimum age requirement for access to the spa and fitness centre is 16.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies, or injuries which could affect your service when making your spa reservation.

PREGNANCY

We have specially designed treatments for expectant mothers. Please allow the Spa Concierge to guide you in selecting which treatment

CLEANLINESS

In keeping our commitment to cleanliness, safety and hygiene, our equipment is sterilised and sanitised after service and treatment

LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage or personal articles. Please keep all valuables locked in your locker during your visit. For the protection of your clothing, we ask that you wear the robe provided.

ACCIDENTS OR INJURIES

The Spa at Mandarin Oriental Marrakech shall not be liable for any accident or injury suffered by any member or guest.

RESTRICTIONS ON THE USE OF FACILITIES

The use of alcohol and tobacco is strictly prohibited. Proper attire must be worn while exercising. Sports shoes are required in the fitness centre.

SPA BOUTIQUE

To continue your spa regimen at home, all spa products used in the treatments and services are available in our spa boutique.

REFUND POLICY

Unopened retail products can be exchanged within ten days of purchase, if presented with the original receipt. No cash or credit card refunds will be processed.

