

# SPA PROGRAMMES

## GENTLEMEN'S RETREAT

### 4 hours

A package for the active individual, this programme both works on your muscles, as well as relieves the built up tension and helps with flexibility.

- A choice of Body Massage
- Customised Facial
- Holistic Foot Treatment
- Spa Healthy Refreshment

## LADIES' RETREAT

### 4 hours

This program offers the ultimate combination of relaxation and pampering.

- A choice of Body Massage
- Customised Facial
- Holistic Hand Treatment
- Spa Healthy Refreshment

## BLOOMING BRIDE

### 4 hours

A treatment designed to pamper and prepare a beautiful bride to be.

- Quintessence Scrub
- Aromatherapy Massage
- Ultimate Radiance Facial
- Spa Healthy Refreshment

## YIN AND YANG DELIGHT

### 4 hours

A couple journey towards a blissful time together. This treatment is booked in our luxurious suite with the private use of aromatic bath and steam shower.

- Quintessence Scrub
- Oriental Essence Massage
- Customised Facial
- Afternoon Tea for Two



**The Spa at Mandarin Oriental, Macau**

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# 水療組合

## 男士偷閒

4小時

男士的必然選擇，此組合可同時舒緩肌肉緊張及改善關節靈活性。

- 自選全身按摩護理
- 男士面部護理
- 足部修護護理
- 清新怡人輕食

## 女士偷閒

4小時

能讓為您一次過滿足的水療組合。

- 自選全身按摩護理
- 香薰精華美容護理
- 手部修護護理
- 清新怡人輕食

## 最美新娘

4小時

使您的肌膚與精神在短時間內達到巔峰狀態，完美迎接人生中最重要時刻。

- 文華東方皇牌身體磨砂
- 香薰舒緩按摩
- 終極亮采面部療程
- 清新怡人輕食

## 陰陽調和之道

4小時

在奢華雙人套房內，與愛人一同享受私密水療療程、芬芳浸泡及香薰蒸汽浴帶來的至上愉悅。

- 文華東方皇牌身體磨砂
- 東方精華按摩
- 香薰精華美容護理
- 大堂酒廊下午茶



澳門文華東方酒店水療中心

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