

# ENJOY A DAY OF SPA PAMPERING AND WELLNESS AT THE SPA AT MANDARIN ORIENTAL, LONDON



Enjoy a heavenly indulgent day of spa pampering and leisurely fitness in equal measure, for you to experience on your own or with a friend, with The Spa at Mandarin Oriental, London's Luxury Wellness Escape.

Available Tuesday to Thursday and priced at £260 per person, the Luxury Wellness Escape day package includes:

- A 1-hour 50-minute bespoke Time Ritual Treatment, individually tailored to your personal wellbeing needs
- Full use of our Heat and Water experiences, including Vitality Pool with hydrotherapy body jets, Amethyst Crystal Steam Room, Sanarium and Ice Fountains
- Casual light lunch to be enjoyed in robes or in comfortable clothing in the Health and Wellbeing Lounge, with a choice of Salad or Sandwich and Juice or a Smoothie
- Unlimited access to our comprehensive suite of fitness facilities, including state-of-the-art gym and 17-metre stainless steel swimming pool
- Time to unwind in our Relaxation Areas, featuring Four Senses Loungers. Lay back in one of our self-contained soothing pods and experience a multi-sensory voyage into a state of deep restfulness, as tranquil music and calming scent is piped across the heated lounge, easing you into a gently meditative state.

For more information or to make a reservation, please email our dedicated team of reservation agents or call on +44 (0)20 7838 9888.

