



## BRING YOUR FRIENDS TOGETHER FOR A LITTLE TEA AND THERAPY

Make time for those who matter most this year and treat yourself and someone special to an indulgent day of heavenly pampering at The Spa at Mandarin Oriental, London with our Tea and Therapy package.

Offering a temporary escape from the rigours of everyday life and allowing you uninterrupted quality time together in a sanctuary of calm and relaxation, you will enjoy a soothing spa treatment, time to unwind in our blissful heat and water oasis and a sumptuous Afternoon Tea in The Rosebery. It's a great way to catch up, reconnect and chill out.

Priced at either £270 or £385 per person, our TIME RITUALS™ packages include:

- 1 hour 50 minutes or 2 hours 50 minutes
- Mandarin Oriental's bespoke TIME RITUALS™ encourage guests to book time rather than specific treatments, so that services can be tailor-made to meet individual needs. Each "Time Ritual" begins with a soothing foot ritual and is designed to restore a natural state of equilibrium.
- Full use of Fitness Suite, Swimming Pool and the Spa's Heat and Water Facilities, consisting of a Sanarium, Amethyst Crystal Steam Room, Vitality Pool and Zen Colour Therapy Relaxation Area prior to your treatments.
- Afternoon Tea in The Rosebery



### HEAT AND WATER OASIS

Immerse yourself in an oasis of heat and water: our state-of-the-art facilities include the sanarium – a sauna that offers a softer experience; the Amethyst Crystal Steam Room, which blends heat and water through delicately lit semi-precious stone; and the Vitality Pool where you lie in warm mineral water on a suspended cushion of air whilst gently being massaged by hydrotherapy body jets.



### THE ROSEBERY

With an extensive selection of the finest teas from around the world, our dedicated Tea Master has created an enticing menu of bespoke blends that are reflective of our rich heritage and commitment to quality. To complement your choice of selected teas, we serve a range of perfectly matched delicacies created by our experienced team of pastry chefs.

For more information or to make a reservation, please email  
or call us on +44 (0) 20 7838 9888.