

SODASHI produces unique, innovative skincare products and treatments that utilise natural sources from the earth and sea, including extracts of the purest and the highest therapeutic essential oils.

Enjoy an authentic, naturally derived range of high performance products and exquisite signature treatments designed for both spirit and mind.

Sodashi is the world's only 100% natural range devoted exclusively to the spa industry.

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SAMADARA ILLUMINATING AGE-DEFYING FACIAL **1 hour 20 minutes £200**

Using a sequence of timeless, anti-ageing Ayurvedic healing techniques designed to re-awaken your skin's youthful memory. With natural lifting and rejuvenating properties, this intensely hydrating and nourishing treatment increases firmness and elasticity, drastically diminishes the appearance of fine lines and restores a youthful glow. Warm rose quartz crystals massage your face, enabling the powerful Samadara™ Ultimate Age Defying Crème to penetrate deeply into the skin for maximum benefits.

THERMAL INFUSION MASK ADDITION

A warm infusing mask will maximise the penetration of essential vitamins and minerals into the deeper layers of the skin, ensuring a lasting effect.

MARINE ANTI CELLULITE WRAP

An invigorating exfoliation combining finely ground pumice and volcanic clav starts your treatment, followed by a beautiful body wrap using a warm body mask, rich in carefully selected marine extracts, plant essences and algae, all working in perfect synergy. The mask is used to stimulate the lymphatic system and assist in the removal of accumulated toxins which are the common cause of cellulite.

REFINE AND COMFORT WRAP

A complete rejuvenating body therapy, beginning with an exfoliation using Jojoba bead body polish, followed by the refining body mask, rich in French Pink Clay and herbal extracts, actively firms, tones and comforts the condition of the skin. Whilst blissfully enveloped, a cleanse and exfoliation to the face is performed leaving the skin refreshed and nourished. A scalp massage completes the feeling of total relaxation. A beneficial treatment for scar tissue and stretch marks, this is suitable during and after pregnancy.

BODY BALANCE SALT THERAPY

Bring the body back to balance with the application of warm soothing oils, Himalayan Salt and plant essence therapy exfoliation. Designed to relieve stress and fatigue while gently stimulating the body's circulation, this treatment is particularly recommended following periods of travel or strenuous exercise.

To make a reservation, please email molon-spa@mohg.com or call us on +44 (0) 20 7838 9888.

66 Knightsbridge, London SW1X 7LA Tel +44 (0)20 7235 2000 Fax +44 (0)20 7235 2001

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1 hour 20 minutes £170

1 hour 20 minutes £180

50 minutes £125

30 minutes £50