

# news release

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## **THE SPA AT MANDARIN ORIENTAL, WASHINGTON D.C. OFFERS JET LAG TREATMENT TAILORED FOR DAY OR NIGHT**

**Hong Kong, 4 October 2012** – With the addition of new flights into the nation’s capital from the Middle East, Asia, Canada and points in between, [The Spa at Mandarin Oriental, Washington D.C.](#) is pleased to welcome weary fliers and busy executives with a new Jet Lag Reviver Treatment, tailored specially for day or night.

Designed to minimize the effects of long distance travel, the Jet Lag Reviver is an 80-minute [spa treatment](#) that varies depending on the time of day it is given. In the morning, the treatment will begin with a full-body exfoliation using a revitalizing scrub containing spearmint, apricot kernel and aloe, which is cooling and uplifting. This is followed by a stimulating massage utilizing “Energising” aromatherapy oil, focusing on the back, neck, scalp and feet to release built-up fatigue.

For the evening, the treatment will include a salt scrub enriched with rosemary and lavender, followed by a soothing aromatherapy massage using frankincense and sandalwood essential oils to enhance relaxation.

The 80-minute treatment is USD195 (weekdays), USD215 (weekends) and also includes a “TravelEase” homeopathic spray to use during and after air travel to relieve jet lag symptoms including, tiredness, dehydration, feelings of disorientation and sleeplessness.

“Jet lag can be very problematic for some travelers who have very little time to adjust to the time difference and need to conduct business shortly after landing,” said Spa Director Penny Kriel. “While jet lag impacts everyone differently, the treatment will provide relief to the body – both day and night – and minimize the effects of long-distance travel.”

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For reservations at Mandarin Oriental, Washington please visit [mandarinoriental.com](http://mandarinoriental.com).

For spa reservations, please call the Spa directly at (202) 787 6100 or email [mowas-spa@mohg.com](mailto:mowas-spa@mohg.com).

### **About Mandarin Oriental, Washington D.C.**

The hotel's unique location on the southwest waterfront makes Mandarin Oriental, Washington D.C. the only hotel offering views of the Jefferson Memorial and Washington Monument, Tidal Basin and Washington Marina. In addition to exceptional accommodations and gracious service, the hotel features the [Forbes Four-Star Spa at Mandarin Oriental](#), the Southern-style restaurant [Sou'Wester](#), and the AAA Five Diamond [CityZen](#). For reservations, please contact the hotel directly at +1 (202) 787-6140, toll free (888) 888-1778, or visit [www.mandarinoriental.com/washington](http://www.mandarinoriental.com/washington).

### **About Mandarin Oriental Hotel Group**

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most prestigious hotels and resorts. The Group now operates, or has under development, 45 hotels representing 11,000 rooms in 28 countries, with 19 hotels in Asia, 13 in The Americas and 13 in Europe, Middle East and North Africa. In addition, the Group operates, or has under development, 14 *Residences at Mandarin Oriental* connected to its properties.

Photography of Mandarin Oriental is available to download, in high and low resolution, in the [Photo Library](#) of our *Media* section, at [www.mandarinoriental.com](http://www.mandarinoriental.com).

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Visit [Destination MO](#) ([www.destinationMO.info](http://www.destinationMO.info)), the online version of [Mandarin Oriental Hotel Group](#)'s bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away.

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