

THE SPA AT MANDARIN ORIENTAL, TAIPEI BRINGS HOLISTIC WELLNESS, AWARD-WINING CONCEPTS AND RESULTS ORIENTED BEAUTY TO THE CITY

Hong Kong, 25 February 2014 -- [Mandarin Oriental, Taipei](#) which is scheduled to open soon, is delighted to bring the Group's awarding-winning spa concept and coveted holistic signature treatments to [The Spa at Mandarin Oriental, Taipei](#). Guided by the Group's Oriental heritage and influenced by local cultural practices and wellness rituals, The Spa at Mandarin Oriental, Taipei will be a world-class centre for healing, offering a range of holistic treatments and therapies in serene, calming surroundings that are reflective of The Spa's unique sense of place.

The Spa at Mandarin Oriental, Taipei features a tranquil interior design by internationally-renowned design firm, Yabu Pushelberg. Located over two floors, The Spa is over 3,500 square metres in size and is comprised of two wellness oases: The Spa itself, showcasing a range of Heat & Water Experiences and 12 treatment suites, including six Single Suites, two VIP Double Suites, four Couple's Suites, a Beauty Salon, Spa Tea Lounge and Spa Boutique; and the urban Fitness and Wellness Centre, featuring a multi-function fitness studio and outdoor heated swimming pool.

Spa Treatments

Monday to Sunday, 10:00am to 11:00pm

Each guest of The Spa at Mandarin Oriental, Taipei will experience the ultimate in relaxation with a personalised spa journey. Calling upon the ancient traditions and techniques of the East, coupled with the scientific research and results-driven approaches of the West, each treatment offers guests the best of both worlds. The personalised journey is designed to engage each of the five senses: Sound, Scent, Sight, Taste and Touch.

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Mandarin Oriental's Signature Spa Therapies have been devised to address guests' increasing desire for simple, effective and authentic spa experiences. Both the Time RitualsTM and Oriental Harmony signature treatments begin with a private therapist consultation in order to determine each individual's personal and current state of wellbeing. The treatment and oils are then tailored to each guest in order to leave the body, mind and spirit in perfect harmony. Mandarin Oriental's bespoke Time RitualsTM encourage guests to book time rather than specific treatments, so that the service can be tailored to meet individual needs, whilst during the Oriental Harmony treatment, four hands work in perfect unison in a remarkable experience that inspires a harmony of the senses. Guests are also provided with nutritional and exercise guidance after their treatments, in order to extend the beneficial effects of the programme at home.

The Spa at Mandarin Oriental, Taipei will offer guests a series of innovative and restorative spa journeys inspired by Asia's local culture and wellness rituals. These complete body journeys last up to three hours, and encompass a range of various treatments. "Formosa" is a Taiwanese inspired therapy featuring a fusion of butterfly massage techniques whilst "Zen to Soul", is inspired by Japanese healing philosophies, highlighting warm bamboo and holistic massage to aid the release of muscle tension, increasing flexibility and enhancing harmony. "Secret of Siam" draws guests into a heightening of the senses with traditional Thai techniques and organic products.

Mandarin Oriental's signature product line has been developed specifically for the Group by the award-winning UK based company, Aromatherapy Associates. Containing natural ingredients

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which are paraben free, these have been created by a master blender to Mandarin Oriental's specifications.

Heat & Water Experiences

Monday to Sunday, 6:00am to 11:00pm (6th floor) or 10:00am to 11:00pm (5th floor)

The Spa at Mandarin Oriental, Taipei offers extensive Heat & Water Experiences with separate areas for male and female guests. Designed to improve blood circulation and relax body and mind for the treatment to follow. The Spa at Mandarin Oriental, Taipei's Heat & Water Experiences include an Experience Shower, Vitality Pool, Ice Fountain, Crystal Steam Room and Dry Sauna as well as Relaxation Loungers to be enjoyed before and after treatments.

Beauty by Mandarin Oriental

Monday to Sunday, 10:00am to 11:00pm

The Spa offers a range of luxurious and exclusive beauty treatments which are at the forefront of new scientific and technological breakthroughs. Guests can enjoy manicures, pedicures, waxing and an extensive range of facial treatments as well as a state of the art 'Visia' skin complexion analysis. The Spa at Mandarin Oriental, Taipei offers internationally-acclaimed skincare and beauty brands, including the highly bespoke, and sought after, Biologique Recherche from Paris. An extensive range of Vegan nailcare products by both Spa Ritual and OPI, are also offered. Guests can also enjoy a range of non-surgical facelifts, body contouring and toning treatments as well as innovative low-temperature waxing services.

Spa Tea Lounge

The Spa Tea Lounge is set in a soothing and tranquil environment with relaxing loungers to gently relax. Guests can enjoy a selection of natural healthy, organic and fresh teas, juices and other beverages as well as light snacks.

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Fitness Centre

Monday to Sunday, 24 hour access for hotel guests and residents only

The spacious Fitness Centre offers state-of-the-art Technogym Equipment, for extensive cardiovascular, strength, conditioning, and resistance exercise. The revolutionary Kinesis system Kinesis and Pro-Med Technology offer complete workout experience. A team of professionally qualified instructors offer lifestyle consultations and bespoke physical fitness and wellness programmes that can be followed independently or at private training sessions offered at the Fitness Centre.

The 20-metre-length indoor swimming pool combines chlorine and ozone filtration, heated to between 28 – 34 degrees Celsius in summer and winter. It is accessible between 6:00am and 9:00pm for hotel guests.

Exclusive and very limited Memberships for spa and wellness are available now, for information or enrolment, please contact the spa at Mandarin Oriental.

Spa Events

The Spa will present ongoing events and workshops, wedding programmes and Spa Parties for guests.

Wellness Programmes

The Spa at Mandarin Oriental, Taipei will offer guests a range of Yoga classes, to inspire dedication and help one to achieve the wide ranging benefits Yoga introduces to one's life. Tai Chi, Pilates, Aerobics, as well as a range of other activities will be available.

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For more information or to make a reservation, please contact the hotel directly on +886 2 2715 6880 or via e-mail at motpe-spa@mohg.com, as well as through Mandarin Oriental Hotel Group's worldwide sales and reservations offices or the Group's direct on-line reservations service at www.mandarinoriental.com.

About Mandarin Oriental, Taipei

Mandarin Oriental, Taipei, with a prime location in Taipei's most established business district, is poised to deliver a new era of luxury hospitality on opening. The hotel's 303 comfortable and luxurious rooms and suites, are elegantly designed with classic inspiration and contemporary touches, and are the most spacious in the city. Six restaurants and bars will showcase innovative and superlative cuisine, while the spacious spa will introduce the Group's awarding-winning spa concepts together with holistic signature treatments and a range of wellness programmes. In addition, the diverse meeting and event spaces will bring a level of sophistication and elegance to any occasion.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. The Group has grown from a well-respected Asian hotel company into a global brand and now operates, or has under development, 45 hotels representing over 11,000 rooms in 26 countries, with 20 hotels in Asia, 11 in The Americas and 14 in Europe, Middle East and North Africa. In addition, the Group operates or has under development, 13 Residences at Mandarin Oriental connected to its properties.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com.

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Visit [Destination MO](http://www.mandarinoriental.com/destination-mo/) (<http://www.mandarinoriental.com/destination-mo/>), the online version of [Mandarin Oriental Hotel Group](#)'s bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away. Further information is also available on our [Social Media](#) channels.

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