

news release

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EXPERIENCE THE ART OF BALANCE AT MANDARIN ORIENTAL, SANYA

Hong Kong, 5 January 2015 – The Spa at [Mandarin Oriental, Sanya](#) invites guests to experience the ultimate in renewal and wellness at the exclusive *TCM Wellness Programme* from 21 to 27 January 2015.

Boasting more than 50 years of experience, acclaimed TCM practitioner, Dr Wu Shihua has designed a programme based on natural laws that will allow guests to re-adjust and reconnect with their body's youthful nature.

Holistic 1, 3 and 5 day programmes are available that encompass an inspired combination of traditional Chinese medicinal treatments, as well as cuisine from the resort's *Healthy Delights* selection, intended for guests seeking a complete and relaxing detox experience. Each part of the programme is tailored to individual needs, and allows guests the opportunity to take advantage of the spa's stunning, secluded natural design.

Starting from RMB 1,826, the holistic *TCM Wellness Programme* includes:

- Wellness consultation with Dr Wu
- Traditional Chinese treatments based on consultation
- Daily follow up consultation with Dr Wu
- Personalised Chinese herbal tea in the resort's secluded spa garden
- Healthy cuisine and detox juice
- Holistic Qi Gong class and Zen Tea Ceremony

During his time at the resort, Dr Wu will also be offering a number of individual treatments such as introductions to the arts of Qi Gong and Zen Tea Ceremony, as well as the ancient technique of bone-setting, a proven way to boost the immune system.

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“I am delighted to welcome an individual as distinguished as Dr Wu to our award-winning Spa.” said Paul Jackson, General Manager of Mandarin Oriental, Sanya. “This once again demonstrates our commitment to celebrating Traditional Chinese Medicine and it will further position the resort as a truly unique wellness destination in China.”

Nestled serenely in the hillside, the award winning Spa is a tranquil world unto itself. Spread out over 3,200 sqm, the spa has been designed as exotic oasis of harmony and elegance that is sympathetic to the location’s geography and the indigenous Hainanese culture.

Reservations can be made by contacting the hotel directly on +86 (898) 8820 9999, or through Mandarin Oriental’s worldwide sales and reservations offices or the Group’s direct on-line reservations service, www.mandarinoriental.com/sanya.

About Mandarin Oriental, Sanya

Enjoying the privacy of a secluded 1.2 km nationally protected coral bay and nestled amongst lush tropical flora, Mandarin Oriental, Sanya is an exclusive retreat where nature is celebrated and tranquillity is assured. The luxury resort features a series of private low rise and villa accommodation with ocean and tropical garden views, innovative restaurants and bars, recreational facilities for both adults and children, a blissful Spa Village and distinctive indoor and outdoor conference and banqueting facilities. Located just 20 minutes from Sanya International Airport, the luxury resort provides convenient access to all of the area’s major tourist attractions.

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About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. Having grown from a well-respected Asian hotel company into a global brand, the Group now operates, or has under development, 45 hotels representing close to 11,000 rooms in 25 countries, with 20 hotels in Asia, ten in The Americas and 15 in Europe, Middle East and North Africa. In addition, the Group operates or has under development, 14 Residences at Mandarin Oriental connected to its properties.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com.

Visit [Destination MO](http://www.mandarinoriental.com/destination-mo/) (<http://www.mandarinoriental.com/destination-mo/>), the online version of [Mandarin Oriental Hotel Group](#)'s bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away. Further information is also available on our [Social Media](#) channels.

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