

news release

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NEW GOURMET HEALTHY DELIGHTS AT MANDARIN ORIENTAL, SANYA

Hong Kong, 10 August 2015 – [Mandarin Oriental, Sanya](#) has collaborated with acclaimed French naturopath Liliane Israel to introduce *Gourmet Healthy Delights* menus. Based on her Wellness Gastronomy™ concept, the new dishes offered at Pavilion and Yi Yang Cantonese restaurants are designed to connect the pleasure of dining with an awareness of eating wisely.

Liliane has worked closely with Mandarin Oriental chefs to create a selection of scientifically based *Gourmet Healthy Delights* made from natural, unprocessed food that contain a wealth of vitamins, minerals and enzymes. The dishes incorporate an array of essential nutrients, including high fibres, low fats, high quality proteins, natural sweeteners instead of sugar, and rejuvenating antioxidants.

Gourmet Healthy Delights options include *Light Delights* to help manage weight without sacrificing flavour, and *Vitality* creations that boost energy and nutrition levels. Diners can mix and match these dishes to suit their personal preferences.

Guests can enjoy a wholesome start to their day from the *Healthy Delight Breakfast Buffet* at Pavilion all-day restaurant.

Liliane has teamed up with Chef Leung, Chinese Executive Chef of Yi Yang restaurant, to interweave Wellness Gastronomy™ with the traditional Chinese approach of grouping foods according to the five elements of wood, fire, earth, metal and water. The menu offers choices that balance specific seasonal energy levels to achieve Yin and Yang harmony. Healthy options include Braised tree chicken with mountain willow leaf, Wok fried Hainan Hele crab with yellow chilli and Steamed Hainan baby lobster with egg white.

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About Mandarin Oriental, Sanya

Enjoying the privacy of a secluded 1.2 km nationally protected coral bay and nestled amongst lush tropical flora, Mandarin Oriental, Sanya is an exclusive retreat where nature is celebrated and tranquillity is assured. The luxury resort features a series of private low rise and villa accommodation with ocean and tropical garden views, innovative restaurants and bars, recreational facilities for both adults and children, a blissful Spa Village and distinctive indoor and outdoor conference and banqueting facilities. Located just 20 minutes from Sanya International Airport and 10 minutes from Sanya City Centre, the luxury resort provides convenient access to all of the area's major tourist attractions.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. Having grown from a well-respected Asian hotel company into a global brand, the Group now operates, or has under development, 45 hotels representing almost 11,000 rooms in 24 countries, with 21 hotels in Asia, nine in The Americas and 15 in Europe, Middle East and North Africa. In addition, the Group operates or has under development, 15 *Residences at Mandarin Oriental* connected to its properties.

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