

information

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MANDARIN ORIENTAL, SAN FRANCISCO'S FORBES FIVE-STAR SPA

A Journey of the Senses Awaits at San Francisco's "Urban Oasis"

[Mandarin Oriental, San Francisco](#)'s award-winning Forbes Five-Star 8,000-square-foot Spa and Fitness Center, is a rejuvenating retreat unlike any other in the city with private treatment suites and a unique offering of holistic Asian-inspired spa treatments.

Located on the hotel's 3rd floor, a dedicated team of holistic therapists, led by Director of Spa, Kristy Whitford, will guide guests through a sensory experience that touches the mind, body and spirit, providing hotel guests and day-spa users with a harmonious experience of well-being in an unparalleled spa environment. Designed to reflect the elevated level of luxury intrinsic to Mandarin Oriental Hotel Group, The Spa offers a tranquil, meditative setting and features a total of four treatment suites, including a special couple's suite and a relaxing Tea Lounge for guests to rest and reflect.

Design highlights include a warm, natural color palette with subtle Asian detailing. The walls feature richly textured, mocha-hued coverings accented with illuminated golden tones, and the interior is further accentuated with museum quality art pieces that are on display throughout. Also on display is an elegant six-foot statue of Kuan-Yin, Goddess of Mercy, holding the peach of life.

Treatments

The Spa offers *Mandarin Oriental Signature Spa Therapies* developed in consultation with specialists in Traditional Chinese Medicine and master aroma therapists, they consist of a relaxing, hands-on body massage ritual that combines the powerful effects of Oriental meridian massage with the therapeutic benefits of custom-blended essential oils, created uniquely for Mandarin Oriental.

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The signature 50-minute *Oriental Essence* massage offers guests a firm, full-body massage concentrating on neck, shoulder and lower back areas to leave the body, mind, and spirit energized, revitalized, and in perfect harmony. Other treatments include the 1 hour 50 minute *Oriental Harmony*, a treatment performed by two therapists working in perfect unison to replenish the skin using a soft scrub followed by a massage to balance the body.

In addition, guests can book personalized journeys called “Time Rituals” which encourage guests to book time rather than specific treatments, so that services can be tailor-made to meet specific needs. Intended to restore a natural state of equilibrium, and attend to the body’s specific needs, a Time Ritual is tailor made for individual guests. Beginning with a welcoming foot ritual, each Time Ritual will provide a peaceful path to an unforgettable experience.

The Spa also offers personalized massages and body treatments utilizing products from *Aromatherapy Associates*, an expert in the spa field producing natural essential oil-based products that improve one’s general state of health and wellbeing physically and emotionally.

Designer treatments include the *Mother-to-be* to nurture and support expecting mothers in a time of constant change, and *Cocoon for the New Mother* to provide new mothers with special attention after the stresses of pregnancy with a nourishing, regenerative treatment. Recently, The Spa introduced the renowned Spanish Skincare brand NATURA BISSÉ where each quintessential beauty treatment focuses on facials and body treatments to regenerate and energize the skin.

Guests are encouraged to arrive a minimum of 15 minutes prior to their scheduled treatment beginning their spa experience with the exchange of shoes for comfortable slippers, an enduring Oriental welcome that signifies the leaving of the external world behind.

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Guests will enjoy a welcoming cup of tea before being escorted to their treatment suite. As Time Rituals begin, spa-goers will be treated to Mandarin Oriental's signature footbath in the privacy of their suite. At the conclusion of each treatment, guests are offered a signature tea and escorted back to the relaxation lounge.

An array of specialized facials are available, including *Beauty by Mandarin Oriental*, a series of results-oriented anti-aging facial treatments designed to maximize tone, texture and skin radiance using bespoke products and equipment from Aromatherapy Associates. A full array of body massages, body wraps and scrubs, Gentleman Essential treatments, hand and foot rejuvenations, and nail care complete The Spa's offers. The Spa can also tailor time to include single services as well as half- and full-day programs.

Fitness and Retail

The spacious Fitness Center keeps hotel guests motivated and challenged featuring the latest range of Technogym equipment and Precor Machines. For those who wish to continue their spa experience at home, the Spa Boutique offers a full range of Mandarin Oriental Signature products that have been developed specifically for the Group by the award-winning UK based company, Aromatherapy Associates as well as Aromatherapy Associates own line of products.

The Spa at Mandarin Oriental, San Francisco is open daily from 9 a.m. to 9 p.m. for all hotel guests and spa goers. The Fitness Center is open 24 hours to hotel guests only. For reservations and more information, please call +1 (415) 276-9608 or email mosfo-spa@mohg.com.

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About Mandarin Oriental, San Francisco

The Forbes Five-Star awarded 158-room [Mandarin Oriental, San Francisco](#) is located in the heart of the city and offers unparalleled panoramic views of the bay and beyond from the top 11 floors of San Francisco's third tallest building, 345 California Center. Having completed an extensive refurbishment in 2012 with the addition of [Brasserie S&P](#) restaurant and bar, and an 8,000 square foot [Spa and Fitness Center](#), the hotel is consistently ranked among the world's top hotels by leading authorities. The Spa is the only Forbes Five-Star awarded spa in Northern California. Features include *U.S. News & World Report* 'Best Hotels of 2015', *Institutional Investor* 'Top Hotels in the World' Awards 2014, *Travel + Leisure* 'World's Best Business Hotels' Awards 2014, *Travel + Leisure* 'World's Best Hotels' Awards 2014 and *Wine Spectator Magazine* 'Best of Award of Excellence' 2014. For reservations or more information, please call +1 800 622 0404 or visit www.mandarinoriental.com/sanfrancisco.

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