

news release

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ORIENTAL WELLNESS PROGRAMME AT MANDARIN ORIENTAL, PARIS

Hong Kong, 18 March 2014 -- [The Spa at Mandarin Oriental, Paris](#) is delighted to offer a new Oriental Wellness programme that will allow guests to combine relaxation with a healthy culinary experience.

The programme starts with body and soul conditioning through a one hour yoga lesson, given by a specialist in three different types of yoga: Hatha (relaxing), Ashtanga Vinyasa (endurance) and Iyengar (therapeutic).

This is followed by two 50 minute treatments for both the face and body. The treatments are tailored to each guest and have been developed with Aromatherapy Associates products. And finally, ladies can enjoy personalised beauty care with a range of Guerlain make-up products.

Following the pampering session, guests can indulge in a healthy lunch at [Bar 8](#) or on the garden terrace. [Thierry Marx](#), a specialist in healthy and delightful dishes, has especially created and adapted recipes like Thai Beef Salad and a Selection of steamed Dim Sum. As a light dessert guests can choose from the low sugar pastries selection, such as the Mandarin or le Saint-Honoré cakes by Pastry Chef [Pierre Mathieu](#),

Guests can also enjoy a delicious non-alcoholic cocktail TM 4 L'Eau Furieuse by Thierry Marx from Bar 8 - a unique cocktail made from ginger, sugar, lime, lemon, anise and tonic.

The Oriental Wellness programme includes:

- A Yoga lesson (1 hour)
- A tailor-made body massage (50 minutes) at the Spa
- A tailor-made facial treatment (50 minutes) at the Spa
- For ladies, make-up with Guerlain products at the Spa
- A lunch at Bar 8 composed of one dish from the daily selection and one dessert from the Cake Shop

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The 'Oriental Wellness programme' is valid until the end of the year, and is priced at EUR430 per person.

For bookings please call +33 70 98 73 35 or email mopar-spa@mohg.com.

Room rates begin at EUR 845 for one night in a Superior Room. For room and restaurant reservations please visit www.mandarinoriental.com/paris/ or contact the reservations office at Mandarin Oriental, Paris on +33 1 7098 7333 or email mopar-reservations@mohg.com.

The Spa at Mandarin Oriental, Paris

The 900 square-metre [Spa at Mandarin Oriental, Paris](#) offers an oasis of wellbeing in the heart of the city and has been designed to promote complete mind-body harmony. All guests are treated in private spa suites, decorated in shades of amaranth, taupe and silver, complete with their own shower and steam room, allowing guests the privacy to completely relax and enjoy the serene surroundings. The Spa is also home to a fourteen-metre indoor pool and has been beautifully designed using a powdery, pearly white and pink colour scheme, with a projection of moving butterflies fluttering across the walls, creating a true sense of calm and tranquillity.

About Mandarin Oriental, Paris

Mandarin Oriental, Paris has a premier location on Rue Saint-Honoré, surrounded by history and fashionable shopping. The hotel's 99 luxurious rooms and 39 suites offer guests an eminently stylish Parisian experience, and are among the most spacious in Paris. An inner courtyard camellia garden provides outdoor dining and is a peaceful oasis in the city. Other dining choices, include the two-Michelin star signature restaurant, *Sur Mesure par Thierry Marx*, *Camélia*, *The Cake Shop* and *Bar 8*, all under Executive Chef and Culinary Director Thierry Marx. The Spa at Mandarin Oriental, Paris brings relaxation in a peaceful, modern setting, and an indoor pool and a fully-equipped fitness centre complete the hotel's leisure facilities.

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About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. The Group has grown from a well-respected Asian hotel company into a global brand and now operates, or has under development, 45 hotels representing over 11,000 rooms in 26 countries, with 20 hotels in Asia, 11 in The Americas and 14 in Europe, Middle East and North Africa. In addition, the Group operates or has under development, 13 Residences at Mandarin Oriental connected to its properties.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com.

Visit [Destination MO](http://www.mandarinoriental.com/destination-mo/) (<http://www.mandarinoriental.com/destination-mo/>), the online version of [Mandarin Oriental Hotel Group](#)'s bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away. Further information is also available on our [Social Media](#) channels.

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