

information

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THE SPA AT MANDARIN ORIENTAL, PARIS

Entirely devoted to well-being and relaxation, the Spa at Mandarin Oriental, Paris offers a holistic experience to promote complete mind-body harmony. At 900 square metres, this is one of the city's largest hotel Spas.

Interior designer Sybille de Margerie has imagined the entrance to this tranquil retreat as a vast pearly sphere that instantly sets a relaxing mood. The white and carmine glass mosaic floor is studded with butterflies in silver leaf. The outside makes its home inside with an haute couture wall that unfolds over two levels, composed from Origami-fashion stylised flowers. The sensory journey continues with the unique, refined experience of the **fourteen-metre indoor pool**. This part of the Spa is embellished in powdery, pearly whites and pinks. Moving shadows cast a poetic, foliage-inspired world on the walls in a dreamlike work that has been specially created for the Spa. All around, coloured glass alcoves are an invitation to curl up and relax. A sanctuary of soothing, revitalising experiences, the Spa extends over two floors and includes **seven Spa Suites** of which three are double suites for couples. Decorated in shades of amaranth, taupe and silver, the intimate comfort of the Spa Suites allows guests to completely relax and enjoy the unique experience of Mandarin Oriental's award-winning, holistic spa treatments.

The Spa at Mandarin Oriental, Paris offers a range of relaxing and results driven treatments, including the Group's Signature Therapies and product line. Developed in consultation with specialists in traditional Chinese medicine and master aromatherapists, Mandarin Oriental's Signature Therapies consist of a relaxing body massage ritual that combines the powerful effects of oriental meridian massage with the therapeutic benefits of custom-blended essential oils, created for Mandarin Oriental. Mandarin Oriental's signature product line has been developed specifically for the Group by the award-winning UK based company, **Aromatherapy Associates**. Each treatment begins with a private spa therapist meeting to determine the present state of well-being. The treatment and oils are then tailored to each

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guest to leave body, mind and spirit in perfect harmony. The evocatively-named treatments include Hu-Tieh Quan (Butterfly Spring), where a bath of warming ginger, uplifting mandarin and sacred frankincense combines with a nurturing, soothing body mask and a relaxing massage (2h50). The treatment ends with nutritional and exercise guidance to extend these beneficial effects at home.

The Spa at Mandarin Oriental, Paris also encompasses beauty and features an exclusive collection of exceptional facial therapies by **Guerlain**. Since 1828, Guerlain has brought excellence and effectiveness to the art of skin treatment. Each therapy is a sensorial delight that captures performance and refinement in carefully formulated, delicately fragranced textures. The specially developed and exclusive anti-ageing **Orchidée Impériale treatments** perfectly capture the Spa at Mandarin Oriental philosophy, where each therapy aims to deliver unique expertise in beauty and well-being.

Covering 119 square metres on the first floor, a fully-equipped fitness centre affords a plunging view of the pool, private coaching and yoga classes.

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