

news release

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THE SPA AT MANDARIN ORIENTAL, NEW YORK INTRODUCES REJUVENATING EXPERIENCES FOR THE SUMMER SEASON

Hong Kong, 8 May 2014 - The award-winning [Spa at Mandarin Oriental, New York](#) invites guests to get ready for the summer with an extensive selection of new treatments. From an exclusive detox package to an experience that will awaken the senses, The Spa welcomes guests to rejuvenate in its oasis of calm high above Manhattan.

Ultimate Detox Spa Package

Focus the mind and recharge the body with the *Ultimate Detox* spa package coupled with a one-night stay at [Mandarin Oriental, New York](#). Featuring a three-hour [Five Element Experience](#) in the exclusive [Spa Suite](#), the journey includes a Quintessence scrub and an 80-minute Oriental Essence massage. A signature Five Elements Bento Box follows the treatment during extended relaxation time in the suite. As part of the experience, guests will have their choice of a private yoga or personal training session. Guests will also receive a one day's supply of organic BluePrint Cleanse juices.

The *Ultimate Detox* package may be booked through 31 August 2014 and is subject to availability and applicable taxes and gratuities. Rates are based on single occupancy for a one night stay. Additional nights or guestrooms may be booked at Best Available Rates. Guests must book seven days prior to arrival. Reservations can be made by contacting the hotel directly at +1 (212) 805 8800 or monyc-reservations@mohg.com.

Calm Mind and Calm Mind Retreat

Calm the mind after a stressful day with The Spa at Mandarin Oriental, New York's new *Calm Mind* and *Calm Mind Retreat* experiences. The *Calm Mind* treatment is a 45-minute head, neck, shoulders and back massage focused on releasing blocked energy from acupressure points in this region to achieve maximum relaxation in a minimum amount of time. During the experience, the therapist will use meditative breathing techniques along with small manipulations and rocking

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movements beginning at the base of the spine, moving upward over the head, neck and shoulders to reduce tension and ease the mind. The results are soothing and relaxing, leaving the body, mind and spirit grounded and in perfect harmony. *Calm Mind* is available at USD 220 on weekdays and USD 230 on weekends.

The *Calm Mind Retreat* combines the powerful effects of the *Calm Mind* treatment with a full body compression massage. Working energetic zones of the extremities, *Calm Mind Retreat* eases tension, resulting in a grounded and more peaceful state. The 80-minute *Calm Mind Retreat* is available at USD 325 on weekdays and USD 345 on weekends.

Seasonal Awakening Treatment

Specially designed to detoxify and rejuvenate the body after a long winter, the 80-minute *Seasonal Awakening* treatment uses the *Awaken* essential oil from Mandarin Oriental's Signature Therapies. The experience consists of a relaxing, hands-on body massage that combines the powerful effects of Oriental meridian massage with a blend of lavender, mandarin, grapefruit and neroli essential oils to equalize stress and soothe overworked muscles. *Seasonal Awakening* is available until 22 June 2014 at USD 320 on weekdays and USD 335 on weekends.

Peak Performance Spa Package

The Spa invites guests to get in top condition with its *Peak Performance* personal training and spa package. Available for purchase in monthly increments, the package combines the therapeutic effects of spa treatments with professional personal training sessions. *Peak Performance* includes a comprehensive training plan and weekly sessions with a professional trainer or coach, weekly spa treatments and two-day passes to The Spa's Heat Experiences area to enjoy the oxygenated Vitality Pool to revitalize tired muscles.

The *Peak Performance* package is priced at USD 1,970 inclusive of taxes and gratuities and is available for purchase in monthly package increments through 1 October 2014. The package must be booked two weeks prior to start date to ensure availability, but does not guarantee

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preferred dates and times. The package must be used within 30 days of purchase and package inclusions may not be substituted.

For bookings at The Spa at Mandarin Oriental, New York, please call +1 (212) 805 8880 or email monyc-spa@mohg.com.

About Mandarin Oriental, New York

A stunning fusion of modern design with stylish Oriental flair, [Mandarin Oriental, New York](#) features [244 elegant guestrooms and suites](#) — all with breathtaking views of Manhattan and Five-Star hospitality. Luxurious amenities include [Asiate](#), the hotel's elegant restaurant; MObar created by noted interior designer, Tony Chi; the [Lobby Lounge](#) with dramatic views of Central Park; a 14,500-square-foot, [Five-Star Mandarin Oriental Spa](#); and a state-of-the-art fitness center with a 75-foot lap pool. In addition, there is premium meeting and event space, including a [6,000 square-foot pillar-less ballroom](#) with three walls of windows overlooking Central Park. Located in Columbus Circle's Time Warner Center, Mandarin Oriental, New York is in an idyllic location just steps away from world-class dining, shopping and entertainment, including the Broadway Theater District, Lincoln Center, Central Park, Jazz at Lincoln Center and the Time Warner Center's collection of upscale retail shops and restaurants.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. The Group has grown from a well-respected Asian hotel company into a global brand and now operates, or has under development, 44 hotels representing close to 11,000 rooms in 25 countries, with 20 hotels in Asia, ten in The Americas and 14 in Europe, Middle East and North Africa. In addition, the Group operates or has under development, 13 Residences at Mandarin Oriental connected to its properties.

Photography of Mandarin Oriental is available to download, in high and low resolution, in the [Photo Library](#) of our *Media* section, at www.mandarinoriental.com. Please join us on Facebook

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