

information

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NEW FITNESS & WELLNESS AREA AT MANDARIN ORIENTAL, MUNICH

[Mandarin Oriental, Munich](#) is delighted to unveil a spectacular area dedicated to [Fitness and Wellness](#) available exclusively to hotel guests from January 2012. Located on the hotel's ground floor, the area has been designed to complement the stunning rooftop pool with 360 degree views over the city's beautiful sights.

The Fitness area houses a wide range of state-of-the-art equipment from [TechnoGym](#). Each machine is equipped with the latest audio and video facilities including a multimedia interface that offers internet connectivity, integrated television and iPod/iPhone connection allowing users to view personal entertainment options on the 19" screen whilst they work out. The gym also features a Kinesis Wall with computerised fitness assessment and training programmes.

Expertly designed in luxurious colours of chocolate browns, metallics and soft woods, the fitness area has a floor made out of smoked and oiled eucalyptus wood, combined with grey marbled walls. The area also includes a bespoke LED lightning installation.

For those looking to relax, the hotel's new Wellness area is home to a Turkish steam bath infused with therapeutic aromas and decorated with shades of silver and gold, a combination of hand cut Italian glass mosaic and grey and white marble. There is also a Finnish Sauna, which offers different infusions of relaxing fragrances and exotic aromas.

The luxurious new Wellness area also features a tropical experience showers designed with special lighting effects to create a refreshing and relaxing atmosphere.



“In keeping with Mandarin Oriental’s commitment to offer the finest facilities for guests, we are delighted to launch this new Fitness and Wellness area, which will allow guests to relax and recharge in comfort,” said Wolfgang Greiner, General Manager.

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