

information

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EXOTIC TREATMENTS AND LUXURY WATERFRONT SETTING HERALD THE FIRST OF ITS KIND AT THE SPA AT MANDARIN ORIENTAL, MIAMI

The Five-Star Spa located at the luxurious Mandarin Oriental, Miami provides the ultimate escape with a spectacular waterfront setting. Adopting a different approach to the traditional spa experience, The Spa at Mandarin Oriental, Miami offers a series of innovative and restorative treatments inspired by the elements of life and oriental traditions, along with an exclusive new line of results-oriented facials and body treatments, Beauty by Mandarin Oriental.

Launched this year our Digital Wellness Program at the Spa is designed to support the growing health and well-being needs of spa guests in the age of technology. Within the program, the spa will introduce new Digital Wellness Retreats once a month, which encourages guests to use their visit to the spa as a chance to disconnect and re-evaluate their relationship with electronics.

Complementing an exclusive selection of treatment rituals that have been designed to destress, relax, and revitalize are The Spa at Mandarin Oriental's harmonious design elements, inherent to Mandarin Oriental's exotic mystique worldwide. The 15,000-square-foot, trilevel spa features 11 private treatment rooms that each use textures such as bamboo, rice paper, glass and natural linens to achieve a harmonious balance. Six stunning suites, located on the top floor of the spa, offer the ultimate spa experience. Two of the spa's spacious, split-level Mandarin Suites include a personal multi-jet tub overlooking the tranquil water of Biscayne Bay, one is custom-designed for Thai massage, and three are especially designed for couples wishing to share their experience. Each of the treatment suites reflects their own personal and absorbing sense of place. The Spa also boasts a designated Beauty Room for the results-oriented line of exclusive Beauty treatments including the Sculpt & Tone, Caci Ultimate Lift, and luxurious Opulent Rejuvenescence Facial.

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The Spa at Mandarin Oriental, Miami also offers a fully-equipped fitness center with state-of-the-art cardiovascular equipment, private cabanas for outdoor massages, an infinity edge swimming pool, separate male and female sauna and steam rooms, manicure/pedicure room, and yoga classes, Tai Chi and personal training are available.

Treatments

Focusing on the individuality of each guest, The Spa at Mandarin Oriental, Miami assesses an individual's needs, making each visit highly personalized. Each treatment journey begins with a period of preparation allowing guests to fully immerse themselves in the philosophy of the spa. Inspired by work within ancient cultures, The Spa at Mandarin Oriental merges techniques and philosophies from around the world into a potent blend of treatments for our time. The quality of such unique treatments is unusual and rare; to achieve the standards of excellence essential to deliver these rituals requires a team of therapists who are grounded as individuals, qualified as professionals, and caring as guardians of their client.

The extensive menu of treatments includes:

- **Healing Wave**— Unique to Mandarin Oriental, Miami this journey designed by the talented spa team creates a profound level of relaxation for the body & mind through sound and touch. Beginning with an introduction of singing bowls, guests will be encouraged to “let go” and focus on the vibrational healing waves. (80-minutes; USD 250)
- **Ayurvedic Holistic Body Treatment**—an entire body, scalp and face massage(1 hour and 50 mins; USD 310)
- **Oriental Harmony**—two therapists work together using Mandarin Oriental's exclusive and luxurious signature product line in a remarkable experience that inspires a harmony of the senses (1 hour and 50 mins; USD 525)

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- **Personalized Ocean and Earth Body Wraps**—a purifying combination of skin brushing, gentle exfoliation and choice of marine mud, algae or oshadi clay (1 hour and 20 mins; USD 195)
- **Thai Massage**—Stretching to deeply relax and revitalize body and mind (1 hour and 30 mins/2 hours; USD 295/USD 390)
- **Shiatsu**—Targeting body pressure points through the use of hands, feet, elbow and knee pressure (1 hour and 30 mins/2 hours; USD 295/USD 390)
- **Aroma Stone**—Massage techniques involving the use of heated basalt stones to relieve deep-seated muscle tension (1 hour and 20 mins; USD 225)
- **Results-Oriented Facials**—Hydrating Oxygen Facial, CACI Ultimate Lift, Rejuvenating Enzyme Peel, Opulent Rejuvenesence, HydraFacial; (treatment time varies; from USD 185 to USD 425)

In addition to the individual treatments, The Spa at Mandarin Oriental, Miami offers full- and half-day packages. For reservations, please contact the spa directly on (305) 913-8332 or visit www.mandarinoriental.com/miami.

The Spa ideally complements the luxurious facilities at Mandarin Oriental, Miami. Contemporary in design and with a prominent waterfront location, the 326-room hotel that opened in November 2000 includes two high-energy restaurants, MO Bar + Lounge, extensive meeting and business facilities and Miami's most spacious rooms and suites, offering dramatic views of the bay and ocean.

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