

# information

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## **EXOTIC TREATMENTS AND LUXURY WATERFRONT SETTING HERALD THE FIRST OF ITS KIND AT THE SPA AT MANDARIN ORIENTAL, MIAMI**

The Five-Star Spa located at the luxurious [Mandarin Oriental, Miami](#) provides the ultimate escape with a spectacular waterfront setting. Adopting a different approach to the traditional spa experience, [The Spa at Mandarin Oriental, Miami](#) offers a series of innovative and restorative treatments inspired by the elements of life and oriental traditions, along with an exclusive new line of results-oriented facials and body treatments, Beauty by Mandarin Oriental.

Complementing an exclusive selection of treatment rituals that have been designed to de-stress, relax, and revitalize are The Spa at Mandarin Oriental's harmonious design elements, inherent to Mandarin Oriental's exotic mystique worldwide. The 15,000-square-foot, tri-level spa features 11 private treatment rooms that each use textures such as bamboo, rice paper, glass and natural linens to achieve a harmonious balance. Six stunning suites, located on the top floor of the spa, offer the ultimate spa experience. Two of the spa's spacious, split-level Mandarin Suites include a personal multi-jet tub overlooking the tranquil water of Biscayne Bay, one is custom-designed for Thai massage, and three are especially designed for couples wishing to share their experience. Each of the treatment suites reflects their own personal and absorbing sense of place. The Spa also boasts a designated Beauty Room for the results-oriented line of exclusive Beauty treatments including the Sculpt & Tone, CACI Ultimate Lift, and luxurious Opulent Rejuvenescence Facial.

The Spa at Mandarin Oriental, Miami also offers a fully-equipped fitness center with state-of-the-art cardiovascular equipment, private cabanas for outdoor massages, an infinity-edge swimming pool, separate male and female sauna and steam rooms, manicure/pedicure room, and yoga classes, Tai Chi and personal training are available.



## Treatments

Focusing on the individuality of each guest, The Spa at Mandarin Oriental, Miami assesses an individual's needs, making each visit highly personalized. Each treatment journey begins with a period of preparation allowing guests to fully immerse themselves in the philosophy of the spa.

Inspired by work within ancient cultures, The Spa at Mandarin Oriental merges techniques and philosophies from around the world into a potent blend of treatments for our time. The quality of such unique treatments is unusual and rare; to achieve the standards of excellence essential to deliver these rituals requires a team of therapists who are grounded as individuals, qualified as professionals, and caring as guardians of their client.

### The extensive menu of treatments includes:

- **Ayurvedic Holistic Body Treatment**—an entire body, scalp and face massage (1 hour and 50 mins; USD 290)
- **Oriental Harmony**—two therapists work together using Mandarin Oriental's exclusive and luxurious signature product line in a remarkable experience that inspires a harmony of the senses (1 hour and 50 mins; USD 495)
- **Ocean and Earth Body Wraps**—a purifying combination of skin brushing, gentle exfoliation and choice of marine mud, algae or oshadi clay (1 hour and 20 mins; USD 190)
- **Thai Massage**—Stretching to deeply relax and revitalize body and mind (1 hour and 30 mins/2 hours; USD 285/USD 380)
- **Shiatsu**—Targeting body pressure points through the use of hands, feet, elbow and knee pressure (1 hour and 30 mins/2 hours; USD 285/USD 380)
- **Aroma Stone**—Massage techniques involving the use of heated basalt stones to relieve deep-seated muscle tension (1 hour and 20 mins; USD 210)



- **Results-Oriented Facials**—Hydrating Oxygen Facial, CACI Ultimate Lift, Opulent Rejuvenescence; (1 hour and 20 mins; from USD 250 to USD 400)

In addition to the individual treatments, The Spa at Mandarin Oriental, Miami offers full- and half-day packages. For reservations, please contact the spa directly on (305) 913-8332 or visit [www.mandarinoriental.com/miami](http://www.mandarinoriental.com/miami).

The Spa ideally complements the luxurious facilities at Mandarin Oriental, Miami. Contemporary in design and with a prominent waterfront location, the 326-room hotel that opened in November 2000 includes two high-energy restaurants, MO Bar + Lounge, a chic nightlife experience, extensive meeting and business facilities and Miami's most spacious rooms and suites, offering dramatic views of the bay and ocean.

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