

information

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THE NEW SPA AT MANDARIN ORIENTAL HYDE PARK, LONDON TO OFFER NEXT GENERATION WELLNESS AND BEAUTY

As part of its extensive renovation programme, [Mandarin Oriental Hyde Park, London](#) will unveil a new contemporary spa, wellness and beauty facility in late May 2018.

The redesign of the next-generation of *The Spa at Mandarin Oriental, London* has been overseen by renowned international designer, Adam D. Tihany, and will introduce impressive new features and fresh, elegant interiors. The spa redesign takes inspiration from traditional Chinese fashion and symbolism, providing a contemporary environment that reflects the attention to detail and harmony of elements found in Chinese philosophy. Two original floral wall features symbolise both rebirth and the flow of energy, while the colour palette reflects those found in nature and natural materials, such as solid woods and precious metals. In keeping with the fresh, new look, guests will be able to benefit from several exclusive partnerships with some of the most sought-after health and wellness experts.

Included as part of the spa's 14 treatment rooms, is a new spacious Oriental Suite with two massage beds and a Rasul water temple that combines the health enhancing properties of heat, steam and mud for a totally relaxing and skin conditioning treatment. The extensive spa menu will represent a tailor-made combination of Mandarin Oriental's own signature therapies, together with treatments and journeys for the face and body using Mandarin Oriental's bespoke signature oils, Aromatherapy Associates, Sodashi and Linda Meredith products. Guests will also be able to discover the powerful and effective Nescens cosmeceutical and anti-ageing face and body treatments for both men and women.

In addition to the spa treatment rooms, there will be a room for traditional ASANTE Chinese Medicine consultations and treatments; a Bastien Gonzalez Pedi:Mani:Cure Studio and two additional beauty rooms providing a series of results-driven express treatments, for those who are short of time, including a soothing hair therapy treatment by Philip Kingsley.

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Guests will be encouraged to arrive 45 minutes before their appointment time to take time to relax and enjoy the extensive spa facilities, which include the Amethyst Crystal Steam Room, Sanarium, Vitality Pool and the Zen Colour Therapy Relaxation Area.

The comprehensive Fitness Centre will continue to provide guests and members with some of the best high-tech workout equipment by Technogym® and a 17-metre stainless steel, heated pool. Additionally, award-winning trainer and founder of London's successful *PilatesPT* studio, Hollie Grant, has set up residence at Mandarin Oriental Hyde Park, London, and is offering guests a menu of holistic and bespoke programmes at the hotel's new *PilatesPT* studio. Hollie also provides nutritional and lifestyle management guidance.

Guided by [Mandarin Oriental Hotel Group](#)'s oriental heritage and influenced by local cultural diversity, Mandarin Oriental Hyde Park, London's newly renovated spa, wellness and beauty areas will provide a haven of tranquillity within the heart of Knightsbridge, promoting an aura of relaxation, mindfulness and life balance, whilst providing today's busy guests with specialist, comprehensive and results driven express treatments and fitness advice.

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