

news release

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THE LANDMARK MANDARIN ORIENTAL, HONG KONG LAUNCHES EXCLUSIVE ‘STAY FIT AND GROOMED’ PACKAGE FOR BUSY GLOBETROTTERS

25 May 2017, Hong Kong – Staying in shape while travelling is difficult, so [The Landmark Mandarin Oriental, Hong Kong](#) has created a package to help globetrotters feel and look good. The hotel’s *Stay Fit and Groomed* luxury accommodation offer is ideal for busy guests with 48 hours or less to spare in Hong Kong, and can be personalised to their needs.

Guests booking the [Stay Fit and Groomed](#) package will stay in a Joyce Wang redesigned guest room and enjoy two of [The Oriental Spa](#)’s most popular specialist treatments: a one-to-one, 45-minute Intelligent Movement training session with an expert trainer from Joint Dynamics, Hong Kong’s first multi-disciplinary gym, and a 60-minute Bastien Pedicure led by podiatrist, Albin Brion, protégé of world-famous foot virtuoso, Bastien Gonzalez.

Renowned for training elite sports stars, including Hong Kong’s 50m Olympic freestyle swimmer, Geoff Cheah, and the New Zealand rugby seven's team, Joint Dynamics will use structural analysis and biometrics feedback to show guests how to control movement with strength and stability, during their Intelligent Movement session. All levels of fitness can be catered for.

Indulging in a pedicure is the best way to recover from a journey, and the PEDI:MANI:CURE Studio by Bastien Gonzalez is a world leader in this field, having won plaudits from authorities

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ranging from *AsiaSpa Awards* and *Forbes* online, to *Cosmopolitan* and *Prestige* magazines in Hong Kong. The rejuvenating treatment will leave guests “walking on a cloud” with baby soft, callus-free feet.

Guests can use the hotel’s extensive heat and water areas, and its newly redesigned state-of-the-art fitness centre, which has a wide choice of fitness and wellness sessions available. Also, they can access its indoor lap pool, and yoga and Pilates studios.

The *Stay Fit and Groomed* package is priced from HK\$4,700 per night, and includes:

- Luxury accommodation in Joyce Wang redesigned guest room
- One 45-minute Intelligent Movement personal training with a Joint Dynamics trainer
- One 60-minute Bastien Pedicure
- Daily set breakfast at Amber restaurant or buffet breakfast at MO Bar
- Minibar stocked with unlimited supply of non-alcoholic drinks
- High speed Internet
- Access to fitness centre, 18-meter indoor lap pool, and heat and water facilities

The *Stay Fit and Groomed* package is valid from 1 June to 30 September 2017 inclusive, and is available for a minimum two-night stay. The price is based on two people sharing and excludes 10% service charge.

For reservations, please email lmhkg-reservations@mohg.com, call +852 2132 0088 or visit our [website](#).

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About The Landmark Mandarin Oriental, Hong Kong

Intimate, contemporary and ideally placed in the vortex of Hong Kong's financial and luxury shopping districts, The Landmark Mandarin Oriental, Hong Kong sets the standard for personal service and stylish sophistication. State-of-the-art technology compliments alluring interiors in spacious [rooms and suites](#), each one a tranquil retreat for business and leisure travellers. Chef Richard Ekkebus helms the kitchen at two Michelin-starred Amber restaurant and world renowned musical talents play in the unparalleled exclusivity of [MO Bar](#), equally popular on Sundays for its indulgent lobster lunch. Escape Hong Kong's urban bustle at The Oriental Spa with rejuvenating Yoga and Pilates plus the pure pleasures of exclusive facials, body treatments and award winning Signature Treatments. For more information and reservations visit www.mandarinoriental.com/landmark.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most luxurious hotels, resorts and residences. Having grown from its Asian roots into a global brand, the Group now operates 29 hotels and eight residences in 19 countries and territories, with each property reflecting the Group's oriental heritage and unique sense of place. Mandarin Oriental has a strong pipeline of hotels and residences under development, with the next hotel opening planned in Doha. Mandarin Oriental is a member of the Jardine Matheson Group.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com.

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