

information

The Landmark Mandarin Oriental
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THE ORIENTAL SPA - A KEY ATTRACTION AT THE LANDMARK MANDARIN ORIENTAL, HONG KONG

[The Landmark Mandarin Oriental, Hong Kong](#), located in The Landmark complex at the heart of Hong Kong's fashion and entertainment district, offers guests and residents the ultimate spa experience with the award-winning Oriental Spa.

[The Oriental Spa](#) has been awarded as Asia & Australasia's Hotel Spa of the Year at the World Spa & Wellness Awards for two consecutive years since its inauguration in 2012. Offering an acclaimed chemical-free range of Sodashi indulgences along with its in-room amenities only at The Landmark Mandarin Oriental in Hong Kong, The Oriental Spa's Greater China-exclusive Bastien Duo Treatment is also the proud recipient of Best Spa Treatment and Most Attractive Spa Treatment in AsiaSpa Awards and SpaChina Awards in the last two years. The world's exclusive Bastien Gonzalez:Sodashi Pedi:Facial:Synergy was awarded "Most Attractive Spa Treatment of the Year" in SpaChina Awards 2014. The spa features spaces for Zen tranquillity and holistic exercises, all of which provide the perfect environment to relax, rejuvenate and achieve a harmonious equilibrium of body, mind and spirit, with the further advantage of the facility being in one of the most central and convenient locations in Hong Kong.

The 25,000-square foot award-winning spa occupies two floors of the hotel and offers a diverse array of holistic services, suitable for every guest. Working with world-renowned specialists such as French podiatrist Bastien Gonzalez, Brazilian plastic surgeon Ivo Pitanguy, The Oriental Spa offers exclusive results-driven treatments and products as well as Mandarin Oriental Signature Spa Therapies. The Oriental Spa for Men allows male spa guests to relax and rejuvenate with exclusive men's only treatments and products which cater to the different needs of men's skin.

True to its origin, the word "spa" comes from the Latin term *salud per aqua*, or "health through the use of water". Consequently, highlights of The Oriental Spa include vitality pools, amethyst crystal steam rooms, experience showers, Hamam steam and scrub room, Asia's first Moroccan rasul, Roman laconium, herbal sauna, tropical rain sauna as well as 15

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private deluxe treatment rooms, in addition to an indoor heated swimming pool and [pilates](#) and [yoga](#) studios. For couples, there is a 65-square metre ultra-deluxe [Sanctuary Suite](#) equipped with amethyst crystal steam shower, vitality tub, futon mattress for relaxing and flat screen TV. The comprehensive range of wellness facilities include fully equipped Pilates and Yoga studios and an indoor swimming pool. Fitness devotees can enjoy a hi-tech [fitness centre](#) with the latest cardiovascular and weight training equipment, including treadmills, step machines, cardio bikes, weight machines and free weights. Wellness programs encompassing Pilates, Yoga and personal training help guests to achieve a healthy and balanced lifestyle. There is also a poolside café and juice bar where guests can enjoy a healthy bite before and after their treatments or workouts.

Signature treatments include [Time Rituals](#), massage, body, face therapy and hand and feet therapy. Designed to restore one's natural state of equilibrium, the treatments feature natural ingredients and healing elements that have been extracted from ancient traditions.

Torsten van Dullemen, General Manager of the hotel, is enthusiastic about The Oriental Spa's own personal philosophy. "We want to transport guests into another world. Personalised treatments or 'journeys' are booked in blocks of time called Time Rituals. Our team of professionals has been trained not only in the finest ancient traditions of Chinese, European and Thai cultures, but also in delivering Mandarin Oriental's legendary service standards so that we can offer to our guests the ultimate experience for body, mind and spirit."

Reservations can be made by contacting the hotel directly on +852 2132 0088 or via e-mail at lmhkg-reservations@mohg.com, as well as through Mandarin Oriental Hotel Group's worldwide sales and reservations offices or the Group's direct on-line reservations service at www.mandarinoriental.com.

About The Landmark Mandarin Oriental, Hong Kong

Intimate, contemporary and ideally placed in the vortex of Hong Kong's financial and luxury shopping districts, The Landmark Mandarin Oriental, Hong Kong sets the standard for personal service and stylish sophistication. State-of-the-art technology compliments alluring interiors in all 113 spacious [rooms and suites](#), each one a tranquil retreat for business and leisure travellers. Chef Richard Ekkebus helms the kitchen at two Michelin-starred [Amber](#)



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restaurant and world renowned musical talents play in the unparalleled exclusivity of [MO Bar](#), equally popular on Sundays for its indulgent lobster lunch. Escape Hong Kong's urban bustle at [The Oriental Spa](#) with rejuvenating Yoga and Pilates plus the pure pleasures of exclusive facials, body treatments and award winning Signature Treatments. For more information and reservations visit www.mandarinoriental.com/landmark.

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