

information

Mandarin Oriental, Kuala Lumpur
Kuala Lumpur City Centre, P.O. Box 10905, 50088 Kuala Lumpur, Malaysia
Telephone: +60 (3) 2380 8888 Facsimile: +60 (3) 2380 8833
www.mandarinoriental.com
Owner: Asas Klasik Sdn Bhd (Co. No. 211510-H)



PAMPERING SPA TREATMENTS IN THE HEART OF THE CITY CENTRE, THE SPA AT MANDARIN ORIENTAL, KUALA LUMPUR

After a six-month renovation in 2015, The Spa at Mandarin Oriental, Kuala Lumpur welcomes guests with new look, new space and new treatments.

As one of the most luxurious spas in Kuala Lumpur, The Spa's tranquil, meditative settings allow Kuala Lumpur residents and hotel guests to embark on a personalised journey towards wellbeing and relaxation.

Featuring six treatment rooms, a dedicated manicure and pedicure room, steam and sauna rooms, relaxation lounge and hot and cold whirlpools where one can indulge in a true pampering journey, The Spa offers a range of spa journeys, programmes, gentleman essentials and treatments with the team of highly trained therapists who are committed to excellence and take pride in delivering personalised service.

Experience the legendary **Mandarin Oriental Signature Spa Therapies**, 1 hour 50 minutes therapy sessions have been devised to address guests' increasing desire for simple, effective spa experiences. Developed in consultation with specialists in Traditional Chinese Medicine (TCM) and master aroma therapists, each signature therapy consists of a relaxing, hands-on body massage ritual that combines the powerful effects of oriental meridian massage with the therapeutic benefits of custom-blended essential oils, created uniquely for Mandarin Oriental. Each treatment begins with a private therapist consultation in order to determine each individual's personal and current state of wellbeing. The treatment and oils are then tailored to each guest in order to leave the body, mind and spirit in perfect harmony. Guests are also provided with nutritional and exercise guidance, in order to extend the beneficial effects of the programme at home.

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For guests who want to experience true Asian heritage, **Tropical Rainforest**, a 2 hour 50 minute journey starts with a rejuvenating signature foot ritual followed by tropical spa body treatments which embody healing traditions and beauty rituals originating from the many corners of Malaysia. Inspired by the aborigines of Borneo, *Asli* massage is a technique applied to ease the muscles on your body focusing on individual pressure points using an aromatic oil which contains Malaysia's home-grown herbs and spices.

Gentlemen are in for a pampering session as well. Offering a range of treatments and an essential facial, these therapies combine advanced techniques with a genuine sensorial experience, creating instant, effective and efficient results.

Mandarin Oriental's signature product line is developed specifically for the Group by award-winning UK based company, Aromatherapy Associates. Containing natural and paraben-free ingredients, these special aromatherapy oils were created by Aromatherapy Associates' master blender according to Mandarin Oriental's specifications.

The Spa at Mandarin Oriental, Kuala Lumpur is located on Level 3 and is open daily from 10am to 10pm. For reservations, call +60 (3) 2179 8772 or email mokul-spa@mohg.com

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About Mandarin Oriental, Kuala Lumpur

Situated adjacent to the iconic PETRONAS Twin Towers, Mandarin Oriental, Kuala Lumpur is the city's leading luxury hotel with 643 well appointed rooms, suites and serviced apartments. Delight your senses with an array of cuisines showcased in ten innovative outlets. Escape Kuala Lumpur's urban bustle at The Spa with rejuvenating facials, body treatments and award winning Signature Therapies for a holistic wellbeing.

Take a dip at the infinity edge pool overlooking the spectacular city skyline or be mesmerized by the magnificent display of KLCC Lake Symphony Fountain at the Esplanade KLCC. For more information and reservations, visit www.mandarinoriental.com/kualalumpur.

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For further information, please contact:

Shem Wei Bel

Director of Communications

Tel: +60(3) 2179 8660

Fax: +60(3) 2179 8677

Email: weibels@mohg.com

www.mandarinoriental.com