news release

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THE SPAS AT MANDARIN ORIENTAL IN HONG KONG AND MACAU WELCOME PROMINENT FACE READER AND NUTRITIONALIST ERIC STANDOP

Hong Kong, 3 February 2016 – In keeping with the Group's passion for providing holistic wellness options, the *Spas at Mandarin Oriental* located in <u>Hong Kong</u> and <u>Macau</u> invite guests on a journey of self-discovery with world renowned face reader Eric Standop, who will be consultant in residence at each destination from 25th February to 8th March, 2016. A highly experienced nutritionist, with over 12 years of experience in facial diagnosis, Standop will offer a series of one-on-one face readings, talks and workshops over the following dates:

The Spa at Mandarin Oriental, Hong Kong - February 25 - March 3 The Spa at Mandarin Oriental, Macau - March 4-6

Face reading consultations will encompass a variety of themes at each destination, to help guests achieve a balance in their social, emotional, spiritual and physical well-being. Examples include:

Health reading

Every face tells a story of a life, and can indicate health deficiencies and strengths. Learn how to use this information for personal recovery or health development.

Love life reading

This reading is designed to help guests look beyond beauty or wealth and focus on what really matters in life in order to gain happiness and fulfilment.

Life Purpose reading

This reading examines each individual's unique talents, wishes and feelings in order to guide guests towards their individual purpose in life, which can ultimately lead to peace and happiness.



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Nutritional reading

This reading combines Eric's face reading expertise and knowledge of nutrition. Learn how to stay healthy with the right foods. Learn about potential food deficiencies, how to optimise diet to decrease skin puffiness, dryness and wrinkles.

Job reading

This reading focuses specifically on career path or vocation. The face can reveal money and work relationships, strengths and weaknesses, and can assist in helping to find the right worklife balance and career success.

Personality and Character reading

By analysing the face structure, a deeper understanding of personality, character, preferences and abilities can be uncovered. This skill can help to better understand thinking, behaviour and needs.

Destiny reading

This session aims to determine past key milestones in order to better understand the present, and look towards the future. Learn how life will unfold and what years will be especially important.

Eric will also deliver complimentary talks and workshops on face reading in both Macau and Hong Kong, affording guests a better understanding of this ancient art, and how face reading can offer personal and professional benefits for all. For more information and bookings, please visit <u>www.mandarinoriental.com</u>

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. Having grown from a well-respected Asian hotel



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company into a global brand, the Group now operates, or has under development, 47 hotels representing 11,000 rooms in 25 countries, with 21 hotels in Asia, 10 in The Americas and 16 in Europe, Middle East and North Africa. In addition, the Group operates or has under development, 17 *Residences at Mandarin Oriental* connected to its properties.

Photography of Mandarin Oriental is available to download in the <u>Photo Library</u> of our <u>Media</u> section, at <u>www.mandarinoriental.com</u>.

Visit <u>Destination MO</u> (http://www.mandarinoriental.com/destination-mo/), the online version of <u>Mandarin Oriental Hotel Group</u>'s bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away. Further information is also available on our <u>Social Media</u> channels.

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