

news release

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DECOMPRESS AND CELEBRATE THIS HOLIDAY SEASON AT THE SPA AT MANDARIN ORIENTAL, BOSTON

Hong Kong, 31 October 2013 – [The Spa at Mandarin Oriental, Boston](#), Massachusetts' only Forbes Five-Star spa, is delighted to offer ways to relax, stay fit and enjoy this holiday season with the return of its holiday signature treatment, the *Frankincense Massage Ritual*, and a *Holiday Personal Training Package*.

Frankincense Massage Ritual

[The Spa at Mandarin Oriental, Boston](#)'s *Frankincense Massage Ritual* begins with a warming Frankincense elixir and a therapist consultation to tailor the treatment to a guest's individual needs. A warm foot treatment is followed by a relaxing massage using De Stress Mind Body Oil with a sensuous blend of wild chamomile, frankincense and petitgrain oils. The treatment finishes with deep inhalations of the Frankincense Essential Oils and a soothing scalp massage that melts away any remaining tension and stress.

As a holiday gift from The Spa, guests booking this treatment will also receive Frankincense Essential Oil to take home to use throughout the holidays and into the New Year. The *Frankincense Massage Ritual* is a 1 hour and 20 minute treatment available from December 1 to December 31 and is priced at USD 215 on weekdays and USD 235 on weekends.

Holiday Personal Training Package

The Spa at Mandarin Oriental, Boston has created a *Holiday Personal Training Package* to help guests stay fit and balanced during this busy time of year. The *Holiday Personal Training Package* consists of six one-hour private sessions that can be customized with Pilates, Yoga and a tailored workout. Available for purchase from November 1 - December 31, 2013, the package is all-inclusive and priced at USD 510. All six sessions must be used by January 31, 2013. The sessions are led by certified personal trainer, Matt Morin, who is also a certified instructor in

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Pilates, Yoga, TRX Suspension Training and Kinesis, a type of fitness training that involves 3D movement in space with varied resistance to every movement to enhance muscle strength.

Mandarin Oriental Gift Cards

Delight loved ones, friends and business colleagues with a Mandarin Oriental [Gift Card](#) this holiday season. Gift Cards can be used toward accommodation, spa or dining experiences at any Mandarin Oriental hotel worldwide.

For more information, please contact Mandarin Oriental, Boston's Spa Concierge at +1 (617) 535 8820 or email mobos-spa@mohg.com. Gift Cards can be purchased online at <http://www.mandarinoriental.com/gift-cards/>.

About Mandarin Oriental, Boston

An intimate, luxurious hotel, [Mandarin Oriental, Boston](#) combines classic New England elegance with refined Oriental touches to create one of the most distinctive hospitality experiences in the region. Awarded both Forbes Five-Stars and AAA Five-Diamonds, Mandarin Oriental, Boston features 148 guestrooms and suites over 14 floors, delighting its guests with the finest facilities and service, [innovative dining experiences](#), and an unparalleled holistic [Five-Star awarded spa](#). A short, 15-minute drive to Logan International Airport, Mandarin Oriental, Boston connects guests to the city's finest shopping, cultural venues and business institutions from its prime location in the heart of the chic Back Bay on Boylston Street.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most prestigious hotels and resorts. The Group now operates, or has under development, 45 hotels representing over 11,000 rooms in 26 countries, with 20 hotels in Asia, 11 in The Americas and

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14 in Europe, Middle East and North Africa. In addition, the Group operates, or has under development, 13 *Residences at Mandarin Oriental* connected to its properties.

Photography of Mandarin Oriental is available to download, in high and low resolution, in the [Photo Library](#) of our *Media* section, at www.mandarinoriental.com.

Visit [Destination MO](http://www.destinationMO.info) (www.destinationMO.info), the online version of [Mandarin Oriental Hotel Group](#)'s bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away.

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