

news release

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‘RUNNERS’ REVIVE’ TREATMENT RETURNS TO THE SPA AT MANDARIN ORIENTAL, BOSTON

Hong Kong, 27 March 2013 – The Five-Star [Spa at Mandarin Oriental, Boston](#) will reintroduce its bespoke ‘Runners’ Revive’ treatment for the month of April in celebration of the 117th Boston Marathon and [Mandarin Oriental, Boston’s](#) prime location along the finish line.

Created with runners in mind, the 50 minute ‘Runners’ Revive’ massage warms and soothes fatigued legs and feet. [Special massage techniques](#) work to flush lactic acid from sore limbs and revitalize the body while Mandarin Oriental’s signature Reflect massage oil with ginger, black pepper, jasmine and juniper eases muscle tension.

“Running a marathon places a tremendous amount of stress on the body and it is essential to allow the body to heal and regenerate,” said Sharon Holtz, Spa Director. “This powerful treatment has been developed to assist the body as it recovers in the post-marathon days and weeks.”

To further help restore and refresh the body, Ms. Holtz shares these post-marathon tips:

- Consider taking a bath or soaking in Epsom salts, followed by stretching. Epsom salts help to detoxify the body and reduce lactic acid build up.
- Take time off the pavement – Ease back into a run once completely recovered, do not over work or push the body.
- Keep up with light activity – gentle walks or swimming helps keep the muscles and joints at ease.

The ‘Runners’ Revive’ treatment is available from 1-30 April 2013 at USD 138 on weekdays

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and USD 150 on weekends. For bookings or more information, please contact +1 (617) 535 8820 or email mobos-spa@mohg.com.

About Mandarin Oriental, Boston

An intimate, luxurious hotel, [Mandarin Oriental, Boston](#) combines classic New England elegance with refined Oriental touches to create one of the most distinctive hospitality experiences in the region. Awarded both Forbes Five-Stars and AAA Five-Diamonds, Mandarin Oriental, Boston features 148 [guestrooms and suites](#), delighting its guests with the finest facilities and service, innovative dining experiences and an unparalleled holistic [Five-Star awarded spa](#). A short, 15-minute drive to Logan International Airport, Mandarin Oriental, Boston connects guests to the city's finest shopping, cultural venues and business institutions from its prime location in the heart of the chic Back Bay on Boylston Street.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most prestigious hotels and resorts. The Group now operates, or has under development, 44 hotels representing over 11,000 rooms in 27 countries, with 19 hotels in Asia, 12 in The Americas and 13 in Europe, Middle East and North Africa. In addition, the Group operates, or has under development, 14 *Residences at Mandarin Oriental* connected to its properties.

Photography of Mandarin Oriental is available to download, in high and low resolution, in the [Photo Library](#) of our *Media* section, at www.mandarinoriental.com.

Visit [Destination MO](#) (www.destinationMO.info), the online version of [Mandarin Oriental Hotel Group's](#) bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away.

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