

## news release

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### **MANDARIN ORIENTAL, BOSTON USHERS IN THE NEW YEAR WITH DIVERSE DISHES, A CULTURAL POP-UP AND A NEW FITNESS PROGRAM FOR MEN**

**Hong Kong, 26 January 2014** – [Mandarin Oriental, Boston](#) invites residents, visitors and guests to escape the frosty New England weather and warm up with a special assortment of seasonal offerings. Indulge in comforting cuisine at [Asana Restaurant](#), cozy up by the fire with sizzling skewers in the Lobby Lounge and savor seasonal cocktails at [M Bar & Lounge](#). The New Year also offers hotel guests a chance to stretch and strengthen with *Broga* fitness and experience a new treatment from [The Spa at Mandarin Oriental, Boston](#).

#### **Culinary Pop-Up Series Launches with ‘Yakitori at MO’**

As part of its on-going Pop-Up Series, [Mandarin Oriental, Boston](#) is delighted to announce the first Pop-Up of 2014, *Yakitori at MO*. From Monday, January 27, to Friday, February 21, enjoy an assortment of Japanese inspired bite-sized grilled meats, mounted on bamboo skewers and served with a ponzu dipping sauce and a sesame seaweed salad. Specialty skewer choices include: chicken, shrimp, pork and a variety of seasonal grilled vegetables.

*Yakitori at MO* will be available daily for lunch in the Lobby Lounge at [Mandarin Oriental, Boston](#) from 12 pm – 1:30 pm. It will also be available on the late night bar menu at [M Bar & Lounge](#) from 9 pm – midnight. Pricing will be USD2 per skewer. For more information or reservations, please call +1 (617) 535 8800.

#### **Seasonal Winter Tasting Menu at Asana**

Enjoy special seasonal winter flavors at [Mandarin Oriental, Boston’s](#) signature Forbes Four-Star [Asana Restaurant](#). Asana’s culinary team has created an enticing Five-Course Winter Tasting Menu, showcasing fresh seasonal items such as Yellowtail Crudo served with grapefruit, scallions and Darjeeling tea; Ameraucana Hen Egg with wild mushrooms, soft polenta and prosciutto; and Pan Roasted Rib-Eye with oxtail, potatoes, Swiss chard and shallots. The Winter Tasting Menu is available for USD90 per person or USD115 per person with wine pairings. The Winter Tasting Menu will be offered in addition to Asana’s seasonal

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a la carte menu. For reservations or more information, please contact Asana at +1 (617) 535 8800.

### **Seasonal Spirits at M Bar & Lounge**

Celebrate the winter season in style at [M Bar & Lounge](#), featuring handcrafted seasonal cocktails including: *Warm & Cozy* made with Licor 43, Clément Créole Shrub, a double shot of Americano and steamed milk topped with shaved chocolate for USD12; *Mc'Gingerman*, a combination of Bailey's, Frangelico and hot chocolate, topped with a homemade gingerbread infused whipped cream for USD14; and *The Explorer*, Brugal 1888 Rum, Lustao Amontillado Sherry, Orange Bitters and Meletti Amaro for USD15.

### **Broga: New Yoga Program for Men**

This January, *Broga* or "Yoga for Bros," is coming to [Mandarin Oriental, Boston](#). *Broga*, is an exciting new fitness program inspiring men to benefit from the advantages of yoga. Trained Broga® Yoga Instructor Matt Morin, is excited to bring this new offering to [Mandarin Oriental, Boston](#). "The *Broga* approach is really unique," says Morin. "The classes combine traditional power yoga with functional fitness exercises. The result is a practice that builds muscle, improves flexibility, reduces the risk of injury, relieves stress and improves balance. Though *Broga* is "optimized for men," women are more than welcome to join, in fact many women appreciate the unique strength elements and strenuous cardio aspects that *Broga* provides," states Morin. *Broga* will be available starting January 15, 2014. A one-hour group session is available Saturdays at 11:00 a.m. and is priced at USD35. Private *Broga* sessions are also available for USD100 per session. For more information or to arrange a *Broga* training session please contact [The Spa at Mandarin Oriental, Boston](#) at +1 617 603 8820.

### **A Treatment Designed to 'Calm the Mind'**

[The Spa at Mandarin Oriental, Boston](#) will be offering a new bespoke signature massage treatment on January 15, 2014. *Calm Mind* is a luxurious massage for the back, head, neck

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and shoulders that has been devised as a simple, efficient and effective spa treatment that fits into a guest's busy day.

Each 45-minute treatment will begin with a private therapist consultation in order to determine each individual's personal and current state of well-being. Guests will then choose an essential oil blend to use from the Group's signature line.

The *Calm Mind* therapy begins at the base of the spine and continues slowly over the head, neck and shoulders using small manipulations and rocking movements to reduce tension and ease the mind. The results are soothing and relaxing, leaving the body, mind and spirit grounded and in perfect harmony, ready to face the world.

*Calm Mind* is priced at USD133. For reservations, please contact [The Spa at Mandarin Oriental, Boston](#) at +1 (617) 535 8820 or email at [mobos\\_spa@mohg.com](mailto:mobos_spa@mohg.com).

### **Mandarin Oriental Gift Cards**

Delight loved ones, friends and business colleagues with a Mandarin Oriental [Gift Card](#). Gift Cards can be used towards accommodations, spa or dining experiences at any Mandarin Oriental hotel worldwide.

For more information, please contact at +1 (617) 535 8888. Gift Cards can be purchased online at [www.mandarinoriental.com/gift-cards](http://www.mandarinoriental.com/gift-cards).

### **About Mandarin Oriental, Boston**

An intimate, luxurious hotel, [Mandarin Oriental, Boston](#) combines classic New England elegance with refined Oriental touches to create one of the most distinctive hospitality experiences in the region. Awarded both Forbes Five-Stars and AAA Five-Diamonds, Mandarin Oriental, Boston features 148 guestrooms and suites over 14 floors, delighting its guests with the finest facilities and service, [innovative dining experiences](#), and an unparalleled holistic [Five-Star awarded spa](#). A short, 15-minute drive to Logan International Airport, Mandarin Oriental, Boston connects guests to the city's finest shopping, cultural



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venues and business institutions from its prime location in the heart of the chic Back Bay on Boylston Street.

### **About Mandarin Oriental Hotel Group**

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most prestigious hotels and resorts. The Group now operates, or has under development, 45 hotels representing 11,000 rooms in 26 countries, with 20 hotels in Asia, 11 in The Americas and 14 in Europe, Middle East and North Africa. In addition, the Group operates, or has under development, 13 *Residences at Mandarin Oriental* connected to its properties.

Photography of Mandarin Oriental is available to download, in high and low resolution, in the [\*Photo Library\*](#) of our *Media* section, at [www.mandarinoriental.com](http://www.mandarinoriental.com).

Visit [\*Destination MO\*](http://www.destinationMO.info) ([www.destinationMO.info](http://www.destinationMO.info)), the online version of [\*Mandarin Oriental Hotel Group\*](#)'s bespoke publication, *MO*. News about our award-winning hotels, the best dining experiences, spa treatments, travel retreats and interviews with the Group's celebrity fans is now just a click away.

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