

news release

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GASTRONOMY MEETS WELLBEING WITH 360° HEALTH AND WELLNESS AT MANDARIN ORIENTAL, BARCELONA

Hong Kong, 2 August 2013 –[Mandarin Oriental, Barcelona](#), is delighted to offer its new *360° Anti-ageing package*, which combines a rejuvenation programme at the award winning Spa at Mandarin Oriental with the city's most exclusive [accommodation](#) and a healthy gastronomic experience at the hotel's two Michelin starred [Moments](#) restaurant.

Mandarin Oriental, Barcelona's Chef Carme Ruscalleda, who has been awarded a total of six Michelin stars, and Dr. Manuel Sánchez, head of the renowned Anti-ageing Unit at Clinic Planas in Barcelona, have joined forces to create treatments and menus that help to boost the body's rejuvenation process.

The two-night *360° Anti-ageing package* is ideal for those who want to greet the new season fully rejuvenated and includes:

- Luxury accommodation for two nights at [Mandarin Oriental, Barcelona](#)
- HealthSmart breakfast for two at [Blanc Restaurant](#)
- Chocolate anti-ageing amenity in room upon arrival
- A wellbeing lunch Menu at the hotel's two Michelin starred [Moments](#) restaurant
- A three hour complete rejuvenation Spa programme for the face and body designed to renew all the senses, including :
 - o **Body Contouring Treatment:** (50 mins.)
Ideal for toning legs, buttocks and stomach, this treatment improves general circulation, muscle tone and reduces the appearance of cellulite.
 - o **Massage with Argan oil:** (50 mins.)
A personalized massage including a stimulating stomach, hip and thigh massage using Argan oil, a precious ingredient to help defy the ageing process
 - o **Linda Meredih Oxygenation Intensive Lift Facial:** (75 mins.)
The most popular non-surgical facelift treatment. CACI with micro current that works to re-educate the facial muscles, softening fine lines and wrinkles,

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providing a lifting effect. To finish, active ingredients with an oxygen machine are infused into the skin to increase blood flow which in turn encourages the production of collagen and elastin in the skin with amazing results.

This package is available from 1st September 2013 until 31st December 2014, and subject to availability. Rates start at *EUR 735* per person for double occupancy or *EUR 950* for single occupancy in a Deluxe Boulevard room. For reservations call Mandarin Oriental, Barcelona at + (34) 93 151 88 88 or visit www.mandarinoriental.com

The 360° Anti-ageing programme is partnership between chef Carme Ruscalleda and Dr Manuel Sánchez, head of the Clínica Planas Anti-ageing Unit, an International Landmark in the field of aesthetic and preventive medicine.

This programme also offers the opportunity for a VIP reservation for an anti-ageing assessment at the Clínica Planas.

About Mandarin Oriental, Barcelona

[Mandarin Oriental, Barcelona](http://www.mandarinoriental.com) is an elegant, contemporary hotel in the heart of the avant-garde city's celebrated Passeig de Gràcia. Located in a renovated mid-20th century building, this 98-room hotel, offers exceptional services and facilities including an award-winning spa, innovative dining at Blanc Brasserie & Gastrobar and two Michelin-starred dining by Carme Ruscalleda, within an exquisite interior created by world renowned Spanish designer Patricia Urquiola.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most prestigious hotels and resorts. The Group now operates, or has under development, 45 hotels representing over 11,000 rooms in 27 countries, with 19 hotels in Asia, 12 in The Americas and 14 in Europe, Middle East and North Africa. In addition, the Group operates, or has under development, 14 *Residences at Mandarin Oriental* connected to its properties.

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