

information

Mandarin Oriental, Barcelona
Passeig de Gràcia 38-40 08006 Barcelona
Telephone +34 93 151 88 88
mandarinoriental.com



THE SPA AT MANDARIN ORIENTAL, BARCELONA: A SOPHISTICATED SANCTUARY IN THE HEART OF THE CITY

The Spa at Mandarin Oriental, Barcelona offers the ultimate escape in the heart of the city. Mandarin Oriental Group has created a well-being experience that goes beyond the classic treatments and massages, offering guests an unrivalled holistic experience to achieve an ideal balance between body, mind and spirit.

The Spa at Mandarin Oriental, Barcelona

Conceived as a sophisticated urban oasis, Mandarin Oriental, Barcelona Spa is a luxurious sanctuary located right in the heart of the city. With a conviction that surroundings have a profound influence on one's state of mind, celebrated designer Patricia Urquiola has conceived The Spa at Mandarin Oriental, Barcelona as an intimate and minimalist space, markedly modern in style with Oriental touches. Urquiola has used a balance of black and white contrasts combined with the warmth of wood with accents in malachite green to create an elegant and serene retreat.

A soothing environment for guests to enjoy holistic treatments, the spa features a total of eight treatment rooms. These include two luxury couples' spa suites, two oriental suites, complete with individual spa vitality pools and futons for traditional Thai massages, and four luxurious treatment rooms, each with their own aromatherapy experience shower. An expansive 12-metre indoor swimming pool, heat and water areas as well as a fully serviced state-of-the-art fitness centre will further complement the hotel's lifestyle facilities.

Treatments

The Spa will offer the recently launched Mandarin Oriental's Signature Spa Therapies which have been devised to address guests' increasing desire for simple, effective and authentic spa experiences, which can be extended to one's home.

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Developed in consultation with specialists in Traditional Chinese Medicine (TCM) and master aromatherapists, each signature therapy consists of a relaxing, hands-on body massage ritual that combines the powerful effects of oriental meridian massage with the therapeutic benefits of custom-blended essential oils, created uniquely for Mandarin Oriental.

Adopting a different approach to the traditional spa experience, The Spa at Mandarin Oriental offers a series of innovative and restorative treatments, known as Time Rituals, where guests are encouraged to book 'Time' rather than a specific treatment. Each Ritual begins with a recommendation by the spa manager to arrive at least 40 minutes ahead of the actual treatment in order to fully enjoy the facilities available.

In addition to its comprehensive array of signature treatments, the Relaxing Bambu and Argan Ritual and the exclusive Barcelona Spring treatments are a celebration of the city's culture, aromas and colours. The former was created with citrus fruit extracts, while the latter highlights local ingredients including sage, fresh mint and olive oil.

HairSpa by Miriam Quevedo

The Spa also hosts the world's first Miriam Quevedo HairSpa offering the brand's own customized luxury anti-aging haircare rituals, blowouts and express treatments, by appointment.

Indulge in a Miriam Quevedo multi-sensorial hair and scalp treatment to restore hair's youthful radiance. The lavish experience begins with an iMicro-camera analysis to understand each client's exact hair and scalp needs, next a customized ritual is performed using precious and avant-garde ingredients for the ultimate in hair and scalp rejuvenation - all this while enjoying a luxurious scalp, arm, and hand massage followed by a professional blow-out to reveal gorgeously reborn hair.

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Brands

With the purpose of providing the best and most exclusive brands on the market, Mandarin Oriental, Barcelona Spa offers manicure and pedicure services by Vanitas Espai, as well as one-of-a-kind facial and beauty treatments by the Suisse brand Valmont, and Aromatherapy Associates treatments to have an experience tailor-made to your skin's needs. Miriam Quevedo Glacial White Caviar skincare will provide you the most luxurious experience in facial rejuvenation and body sculpting.

Valmont, the master of anti-age treatments since 1985, perpetuates the unique expertise of Swiss cellular cosmetic with incomparably efficient care treatments giving immediate, long-lasting results. Valmont care treatments find their source in Switzerland's pure and protected environment. Their exceptional quality is fruit of a subtle alliance of alpine ingredients and advanced scientific expertise.

An extraordinary offer of treatments from head to toe.

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For further information, please contact:

Mandarin Oriental, Barcelona

Mónica Homedes (mhomedes@mohg.com)

Director of Communications

Tel: +34 93 151 88 88

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