

news release

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MIND, BODY & CULINARY HEAVEN AT MANDARIN ORIENTAL, BANGKOK

Hong Kong, 15 November 2012 - [Mandarin Oriental, Bangkok](#)'s new *Mind, Body & Culinary Heaven Package* is a leisurely, luxurious programme of relaxing Asian wellness, delectable Thai cuisine and culture. The package aims to provide guests with lasting memories of an enriching stay in exotic Bangkok, at one of the world's most legendary hotels that has been recently recognized as the 'Best in Thailand' by the readers of *Conde Nast Traveler, US*.

Guests can experience physical, emotional and mental rejuvenation with a range of wellness sessions including private Tai-Chi or Pilates classes, yoga and meditation sessions and a deeply relaxing Oriental Signature Massage at the multi-award winning [Oriental Spa](#), set in a beautiful Thai-style teak house nestled in a lush tropical garden on the Chao Phraya River.

Thai cuisine lovers will learn the key to creating Thai tasty delights with a private class at the hotel's famous [Thai Cooking School](#) and then feast on the best of sumptuous Thai cuisine produced by the hotel's award-winning chefs at the authentic [Sala Rim Naam](#) Thai Restaurant. Finally, an exotic boat ride up the scenic river to Bangkok's magnificent Temple of Dawn, where sunrise or sunset vistas illuminate one of Thailand's most treasured and beautiful places of worship is the perfect way to experience this fascinating city.

The *Mind, Body & Culinary Heaven Package* is available until 30 March 2013 and is priced from Baht 24,929++ or Baht 29,341 nett per room per night (single or double occupancy) and includes:

- Private Tai-Chi or Pilates session
- A 90-minute Oriental Signature Massage
- A 90-minute Yoga and Meditation session
- 2 pm – 5 pm: Private session at the Thai Cooking Class

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- Set Dinner at the Sala Rim Naam Thai Restaurant
- A 60-minute boat trip to the Temple of Dawn (“Wat Arun”)
(Timing: Choice of Sunrise or Sunset)
- Personal butler service

About Mandarin Oriental, Bangkok

Built in 1876 and ideally located on the banks of the Chao Phraya River, [Mandarin Oriental, Bangkok](#), has been an inspiration to a host of world-renowned writers from Joseph Conrad, Somerset Maugham to Wilbur Smith and John Le Carre. Mandarin Oriental, Bangkok boasts an international reputation for splendid service, style and grace and facilities including eight restaurants. The hotel’s private teakwood shuttle boats provide daily access to the world famous Thai Cooking School, the hotel’s Thai restaurant, the award-winning Oriental Spa and Health Centre located across the River; as well as the nearest skytrain station (Saphan Taksin) and River City Shopping Centre.

Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the world's most prestigious hotels and resorts. The Group now operates, or has under development, 45 hotels representing 11,000 rooms in 28 countries, with 19 hotels in Asia, 13 in The Americas and 13 in Europe, Middle East and North Africa. In addition, the Group operates, or has under development, 14 *Residences at Mandarin Oriental* connected to its properties.

Photography of Mandarin Oriental is available to download, in high and low resolution, in the [Photo Library](#) of our *Media* section, at www.mandarinoriental.com. Please join us on Facebook (www.facebook.com/MandarinOriental) and Twitter (www.twitter.com/mo_hotels)

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