

news release

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THE SPA AT MANDARIN ORIENTAL, ATLANTA INTRODUCES THE UNVEIL YOUR BEST SELF PACKAGE

Hong Kong, 2 August 2016 – [The Spa at Mandarin Oriental, Atlanta](#) is pleased to offer the *Unveil Your Best Self* package in partnership with [West Coast Workout](#). Get wedding ready before the big day with a comprehensive body and beauty transformation at Atlanta's most luxurious spa.

The package includes six *Advanced Skin Radiance Facials* for the price of five, designed to be booked monthly beginning six months before the wedding. The 1 hour and 20 minute facial restores skin's vitality and reveals a bright, smooth and radiantly youthful looking complexion. Suitable for all skin types and ages, this treatment combines a unique cleanser and deep brush cleanse that will gently exfoliate as it melts into the skin. An age-defying and sublimely relaxing massage using rose quartz crystals follows. To complete the facial, a lifting and smoothing mask along with a serum will brighten, firm and even skin tone, leaving the guest's complexion smooth, supple and radiantly healthy.

Two months before the wedding, participants will begin a fitness and wellness program with a West Coast Workout instructor designed to jumpstart their transformation and create a healthy body, glowing complexion and a calm state of mind. The 8-week program begins with a private consultation, meal planning and a *Live Your Healthiest Life* guide book, plus a Café West Express Souper Clean & Lean 4 Day Cleanse. Weeks two to seven include twice weekly 30-minute private training sessions at The Spa's Fitness Center and Yoga Studio. In the eighth and final week, the program is completed with a Souper Clean & Lean 3 Day Cleanse.

During the week of the wedding, participants will enjoy a complete day of pampering with a 1 hour and 45 minute *Body Detox and Tone* treatment. The body wrap and massage use specific oils to help improve circulation, speeding up the elimination of toxins and excess fluid.

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Following a body exfoliation, an algae wrap is applied and the scalp gently massaged. After removal of the wrap, a full body massage with Detoxifying Oil takes place. This is the ideal treatment to help cleanse the body and improve the appearance of the skin. The day of beauty is completed with a *Mandarin Oriental Pedicure* and *Gel Polish Manicure*.

The *Unveil Your Best Self* package is priced at USD 2,965 inclusive and includes:

- *Six Advanced Skin Radiance Facials*
- 8-week Body Transformation Package
- Body Detox and Tone Treatment
- Mandarin Oriental Pedicure
- Gel Manicure

Valid year round, the package is subject to availability and must be booked a minimum of two weeks in advance. For reservations, please call +1 (404) 995 7524 or email moatl-rsvp@mohg.com.

About Tammy Stokes and West Coast Workout

Tammy is one of the most popular fitness and wellness advisors in Atlanta. As the creator of West Coast Workout and author of *Live Your Healthiest Life*, her teaching is the most comprehensive and unique lifestyle approach to obtaining a life in balance. With almost three decades of experience in the health and fitness industry, including work as a celebrity trainer in Hollywood, Tammy has been featured on MSNBC, FOX and CNN.

About Mandarin Oriental, Atlanta

Housed in an iconic building designed by celebrated American architect Robert A.M. Stern, [Mandarin Oriental, Atlanta](#) soars 42 stories above the Atlanta skyline and offers sophisticated, residential elegance in its [127 spacious rooms and suites](#).

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The intimate hotel features a blissful 15,000-square foot spa, indoor lap pool, fitness center, extensive meeting and event space and [*The Café & Bar*](#) for exquisite dining and specialty cocktails. The sought-after Buckhead location is steps away from the region's top dining, chic designer boutiques and cultural attractions. The hotel is 35 minutes from Atlanta Hartsfield-Jackson International Airport and 10 minutes from the DeKalb-Peachtree Airport, which accommodates private aircraft.

About Mandarin Oriental Hotel Group

Mandarin Oriental Hotel Group is the award-winning owner and operator of some of the most luxurious hotels, resorts and residences. Having grown from a well-respected Asian hotel company into a global brand, the Group now operates 29 hotels and seven residences in 17 countries. The Group has a strong pipeline of hotels and residences under development, with the next hotel openings expected in Doha and Beijing.

Photography of Mandarin Oriental is available to download in the [Photo Library](#) of our [Media](#) section, at www.mandarinoriental.com.

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