



PHILOSOPHY

The Spas at Mandarin Oriental are born out of a sincere understanding and passion for wellness, which we define as a way of life that focuses on physical, emotional and mental wellbeing. The Group is committed to delivering all aspects of wellness with integrity and honesty, providing inspiration for lifestyle change, in an environment that delights all the senses. The Spas at Mandarin Oriental are havens for contemplation and discovery. Guided by our Oriental heritage but influenced by local cultural diversity, the Group has created distinctive concepts with a unique sense of place in every location.

TREATMENTS

Respect for the uniqueness of each individual is the foundation of our spa experience. Our highly trained therapists are committed to excellence, infused with enthusiasm and take pride in delivering personalized, dedicated service. Our therapies combine both ancient and contemporary techniques in a natural manner. They are designed to bring balance and equilibrium to meet the needs of each individual.

PRODUCTS

Mandarin Oriental's signature product line has been developed specifically for the Group by the award-winning UK based company, Aromatherapy Associates. The product range incorporates five body oils, five bath and shower oils and a generic body scrub, body wash and body lotion. All contain natural ingredients and are paraben free, and have been blended by a master blender to Mandarin Oriental's specifications. Easy to use and effective in their treatment, they provide an ideal extension of our spa experience into daily life. All other products used in our Spas are of the highest quality and contain naturally-derived ingredients.





WELLNESS LIFESTYLE ASSESSMENT

At the Dheva Spa and Wellness Centre we believe it is important to provide a thorough wellness assessment in order to decide on the specific treatments and services that will be most suitable for your own particular needs.

We recommend that prior to your arrival or upon your arrival, you make an appointment in order to learn more about your overall health and wellness. The Wellness Lifestyle Assessment is complimentary.

ENERGY FIELD IMAGING (Efi)

THB 5,000.-

Energy field imaging (Efi) is a safe and non invasive sensitive light energy and biofield system to reveal and capture electromagnetic energy biofields, chakras, meridians and life force. In more simple terms, it measures how much energy is coming off your body.

Efi does not diagnose ‘how’ stress was caused but it reflects physical stress and dis-ease indicating low energy imbalance, depletion, leak, or congestion. It helps guide you on your overall health and areas of weakness.

A session of Efi includes body scan before and after treatment, health assessment followed by treatment protocol, nutrition and lifestyle recommendation lasting for 90 minutes.

To experience Efi scan session with a personalized massage, please contact the spa concierge for special seasonal promotions.

TIME RITUALS™

1 hour 50 minutes

THB 5,500.-

2 hours 50 minutes

THB 8,500.-

Mandarin Oriental’s bespoke “Time Rituals” encourage guests to book time rather than specific treatments, so that services can be tailor-made to meet individual needs. Each “Time Ritual” begins with a soothing foot ritual and is designed to restore a natural state of equilibrium

All prices are in Thai Baht, subject to 10% service charge and applicable government tax



Suite Experiences

Our private Spa Suites allow guests to embrace nature in a private, healing sanctuary.

Our expert therapists provide advice on the length and choice of treatments for each suite experience.

LANNA CEREMONY

3 hours 20 minutes

THB 9,500.-

This signature suite experience includes a fragrant steam bath using wild forest honey and a tamarind scrub enriched with northern Thai herbs, which prepares the body for the soothing effects of the treatment to follow.

The unique feature of this body treatment is the gentle tapping of the body with a special tool “Tok Sen” which is made from the bark of the tamarind tree. This is followed by a Thai herbal compress and herbal oil body massage and ends with a relaxing head massage.

ROYAL THAI CEREMONY

3 hours 20 minutes

THB 9,500.-

This ceremony commences with a royal foot ritual which is symbolic of paying special homage to honored guests. The session continues with a safflower body scrub that increases circulation within the body, creating radiance and smoothness on the skin. A Thai floral bath with ‘Nam Ob’, or scented floral water and fresh jasmine flowers follows and the ceremony is completed with a tranquillizing Royal Thai massage and facial acupuncture massage.



INDIAN CEREMONY

3 hours 20 minutes

THB 9,500.-

‘Shringaar’ or beautification has played a significant role in India throughout the ages. Great emphasis is placed on inner beauty, which radiates outwards. Herbs are selected to aid circulation, vigour and promote relaxation. The ‘Ubtan’ scrub and wrap leaves skin feeling soft and radiant with the scent of flowers. This is followed by ‘shirobhyanga’ and ‘abhyanga’ for the head, and body massages using warm herbal oils that serve to deeply relax.



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Body Massages

LANNA

1 hour 50 minutes

THB 5,500.–

The unique feature of this Ancient northern massage is the tapping of the body with a special tool “Tok Sen” which is made from the bark of the tamarind tree. This is followed by a deeply relaxing herbal oil massage, using specially prepared warm compresses called ‘Luk Prakhob.’

ROYAL THAI

1 hour 20 minutes

THB 4,000.–

1 hour 50 minutes

THB 5,500.–

The Royal Thai Massage has been used for centuries in Royal Thai Palaces. It is based on the principles of acupressure and works on energy lines that run throughout the body. This helps release existing blockages to allow for a free flow of energy.

TRADITIONAL THAI

1 hour 20 minutes

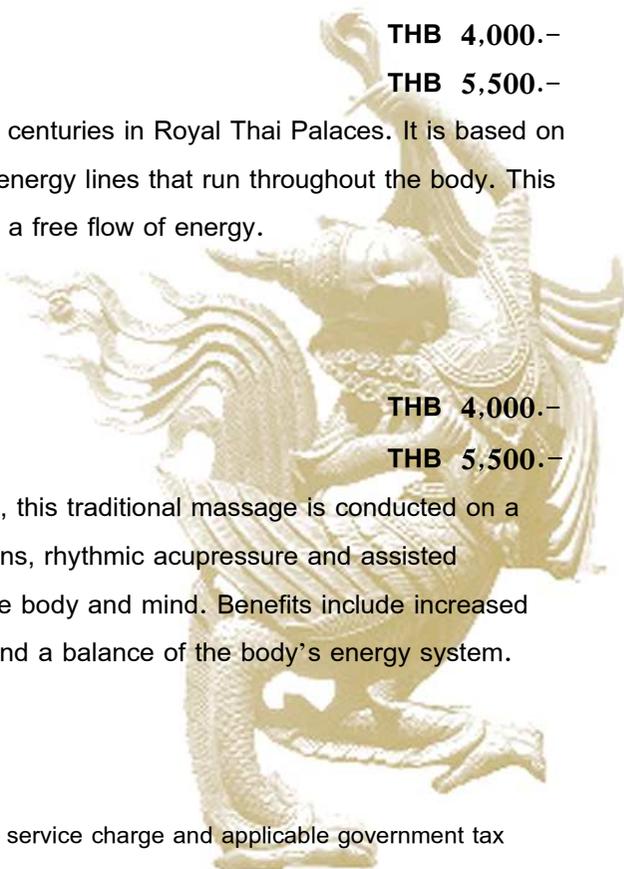
THB 4,000.–

1 hour 50 minutes

THB 5,500.–

Performed wearing loose Thai-style clothing, this traditional massage is conducted on a futon. A combination of gentle rocking motions, rhythmic acupressure and assisted stretching serve to deeply relax and revitalise body and mind. Benefits include increased flexibility, relief of joint and muscle tension and a balance of the body’s energy system.

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SWEDISH

1 hour 20 minutes

THB 4,000.–

This traditional massage uses firm, regulated pressure and long, strong movements to release muscle knots and tension in the body. The combination is particularly effective for easing tired, backs and limbs.

AROMATHERAPY

1 hour 20 minutes

THB 4,000.–

A deeply therapeutic holistic treatment which combines the power of essential oils with the best of eastern and western massage techniques, to create a feeling of physical relaxation and calm, whilst mentally uplifting and clearing the mind.

INGHAM–STYLE REFLEXOLOGY

1 hour 20 minutes

THB 4,000.–

Ingham–style reflexology was practiced as early as 2300 BC in Egypt. It stimulates reflex areas on the feet that relate to the functions of the whole human body. Reflexology is an excellent method to restore equilibrium.

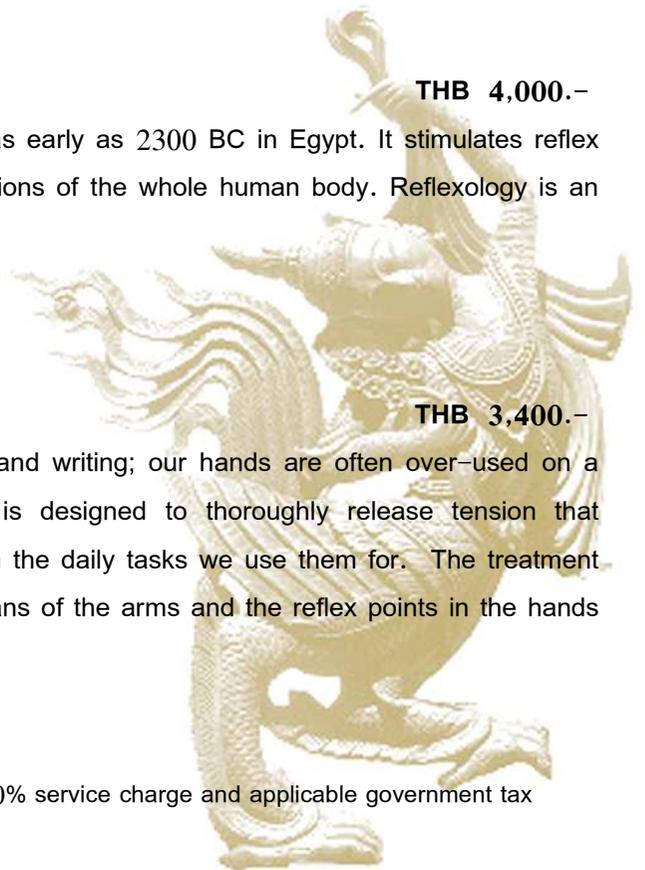
BLACKBERRY THERAPY

50 minutes

THB 3,400.–

With mouse clicking, typing, messaging and writing; our hands are often over–used on a daily basis. The Blackberry Therapy is designed to thoroughly release tension that accumulates in the hands and arms from the daily tasks we use them for. The treatment works on the major channels and meridians of the arms and the reflex points in the hands in order to release deep tension.

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CHINESE REFLEXOLOGY

1 hour 20 minutes

THB 4,000.–

This method dates back 2,000 years and involves stimulation of acupressure points in the feet which have a direct connection to the various organs and glands in the body. It is based on the Chinese meridian theory of ‘energy pathways’ in the body that have endings in the extremities. Activating these points can have an overall balancing effect.

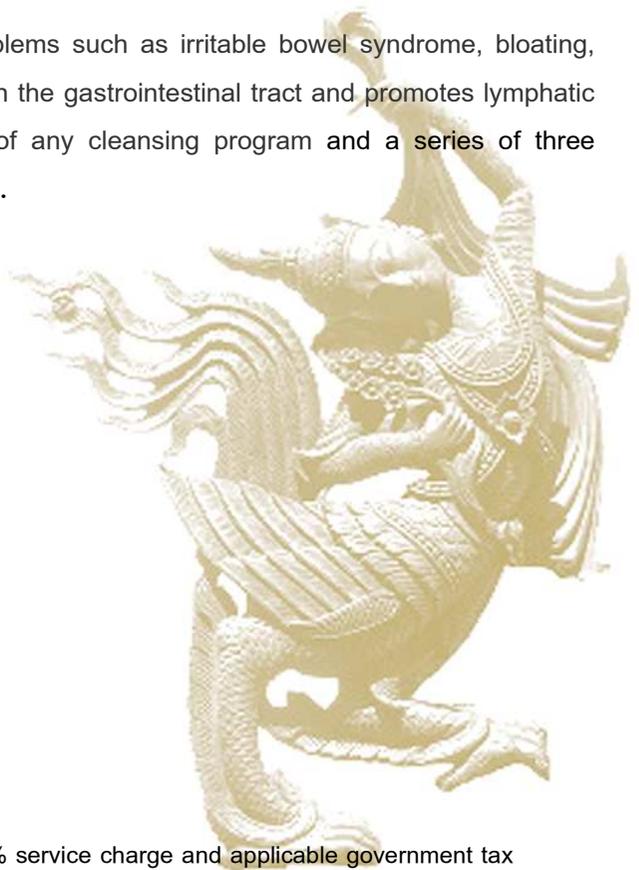
QI NEI ZANG

1 hour 20 minutes

THB 4,000.–

This powerful abdominal massage works around the digestive tract and internal organs. Great for emotional tension stored in the gut, impaired digestion, or to help the detoxification process.

It is an effective treatment of digestive problems such as irritable bowel syndrome, bloating, gas and constipation as it eliminates toxins in the gastrointestinal tract and promotes lymphatic drainage. This treatment is a critical part of any cleansing program and a series of three treatments is recommended during your stay.





AYURVEDA

AYURVEDIC CONSULTATION

60 minutes

THB 5,000.–

This session aims to analyse your individual unique energetic constitution (dosha levels) and is followed by a general examination of pulse, eyes, tongue and nails. Based on the levels of the doshas (biohumors), a well planned series of experiences is devised by an Ayurvedic health consultant to achieve optimum balance. A nutrition chart with a suggested lifestyle regime is provided to maintain daily life balance.

PERSONLISED AYURVEDIC MASSAGE

We recommend you to meet with our health specialist in order to diagnose the most suitable treatment most suitable for your dosha. A personalised Ayurvedic massage will be chosen from the followings.

ABHYANGA

1 hour 20 minutes

THB 4,000.–

Abhyanga is a light form of massage, with the combined use of herbs, oils, touch and friction. This massage elicits a deeply relaxing response from the nervous system. It has a balancing effect on the doshas and helps to purge toxins, promote youthfulness and increase energy.

VISHESH

1 hour 20 minutes

THB 4,000.–

Vishesh is a deep-tissue friction massage with fast rhythm using warm herbal oil. It is ideal for easing sluggishness in the body as well as being an excellent remedy for cellulite.

OSHADI

1 hour 20 minutes

THB 4,000.–

Oshadi treatment, appropriate for pitta (fire) dosha types, uses specific Ayurvedic oils and focuses on clearing muscle blockages as well as relieving tension. A moderate rhythm and pressure are applied during the massage.



THERAPEUTIC HEAD MASSAGE

SHIROBHYANGA

50 minutes

THB 3,400.-

This ancient Indian head massage, using the finest oils, is deeply relaxing.

An excellent remedy for insomnia and improving vision, circulation and concentration.

Special emphasis is placed on treating ‘marmas’, or energy centres, in the head, forehead, eyes, ears, neck and shoulder areas.

SHIRONASYA

80 minutes

THB 4,000.-

Shiro-Nasya focuses on ‘marma’ points in the face, head, neck and shoulder areas.

This is followed by massage with freshly prepared herbal rice ‘pottalis’ which work as compresses to clear congestion from the sinuses.

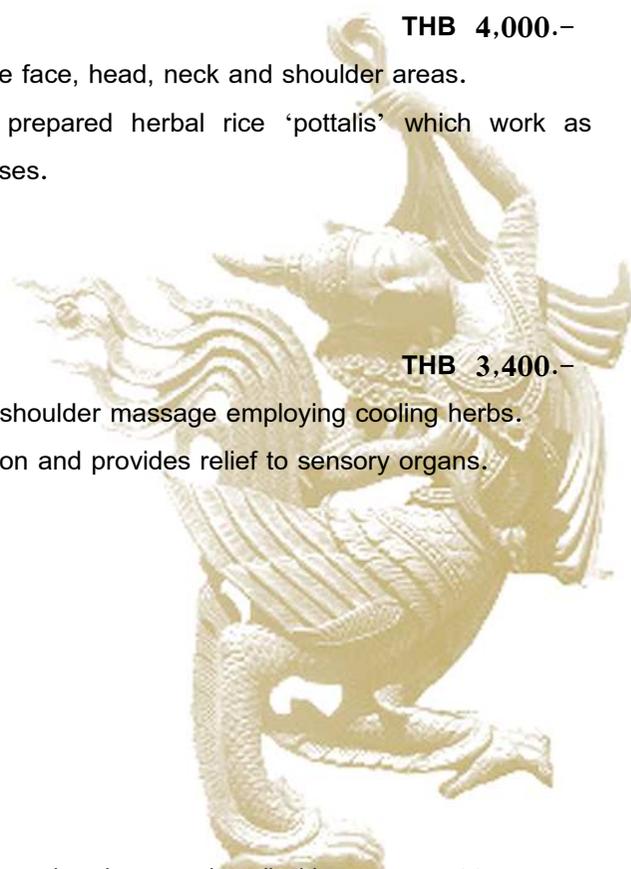
SHEETALA

50 minutes

THB 3,400.-

Sheetala is a dosha-specific head, neck and shoulder massage employing cooling herbs.

It concentrates on sensitive areas in this region and provides relief to sensory organs.





SPECIALISED TREATMENT

POTTALI ABHYANGA

1 hour 50 minutes

THB 5,500.-

Pottali abhyanga is a highly rejuvenative therapy using freshly prepared herbal rice compresses, 'boluses', that are dipped in warm fragrant oil and applied to the body using special techniques which help to enhance immunity and circulation, creating deep relaxation for the body and mind.

MARDARNUM

1 hour 20 minutes

THB 6,800.-

Mardanam means literally 'friction'. This is a uniquely created synchronized deep-tissue massage delivered by two therapists. Detoxifying herbal powders and warm oil are applied using a fast rhythm and strong pressure, thereby promoting an energizing effect.

KATHI BASTI

1 hour 20 minutes

THB 4,500.-

Specially formulated, warm Ayurvedic oils are poured on the spine to ease away tensions and gently alleviate blockages without causing stress or pain. This is followed by a gentle back massage and the application of warm herbal compresses, leaving you in a state of lightness and relaxation.

SHIRODHARA

60 minutes

THB 4,500.-

Perhaps the best known of all Ayurvedic therapies, which works at the very deepest levels of one's being. 'Shirodhara' is a continuous stream of warm oil poured on the forehead, transforming, connecting and energizing the various forces which sustain life. One radiates with a healthy glow, emerging with a sense of centredness and calm.



CHAKRA BALANCING

60 minutes

THB 2,500.-

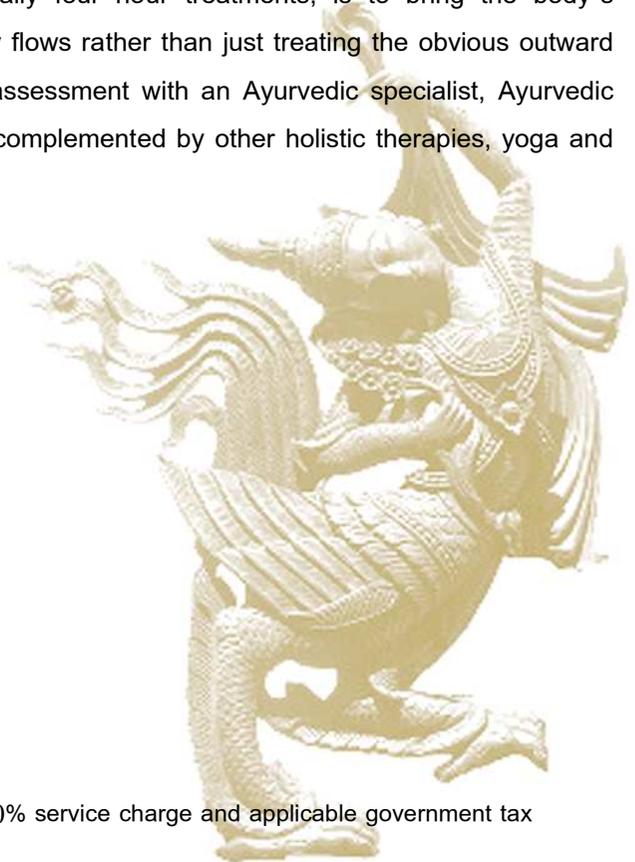
Seven Chakras are the subtle energy centres in the body. Each chakra is assessed for its energy level, and treated with the help of healing sounds that flow through the chakra channels , and various Mudras, clearing blocked-energy pathways and releasing emotions that will reconnect you to your self.

AYURVEDIC PROGRAMME

DOSHA BALANCING

3-21 days

The objective of this programme, with daily four-hour treatments, is to bring the body's system into alignment by correcting energy flows rather than just treating the obvious outward symptoms. Included is a comprehensive assessment with an Ayurvedic specialist, Ayurvedic kaya (body) and shiro (head) techniques, complemented by other holistic therapies, yoga and spiritual exercises.



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PERSONALIZED SCRUB AND WRAP

UBTAN

30 minutes

THB 1,800.-

In traditional Indian culture, Ubtan is one of the bridal rituals involving natural ingredients that leave the skin radiant and invigorated.

VISHESH

30 minutes

THB 2,500.-

The Vishesh scrub is a herbal powder massage. Powders provide roughness and abrasive qualities and are particularly good for reducing oiliness, heaviness and lethargy in the body. This treatment is highly recommended for individuals with edema, or water retention problems.

OSHADI

30 minutes

THB 2,500.-

The Oshadi wrap uses cooling herbs which promote calmness and encourage the elimination of toxins from the body.

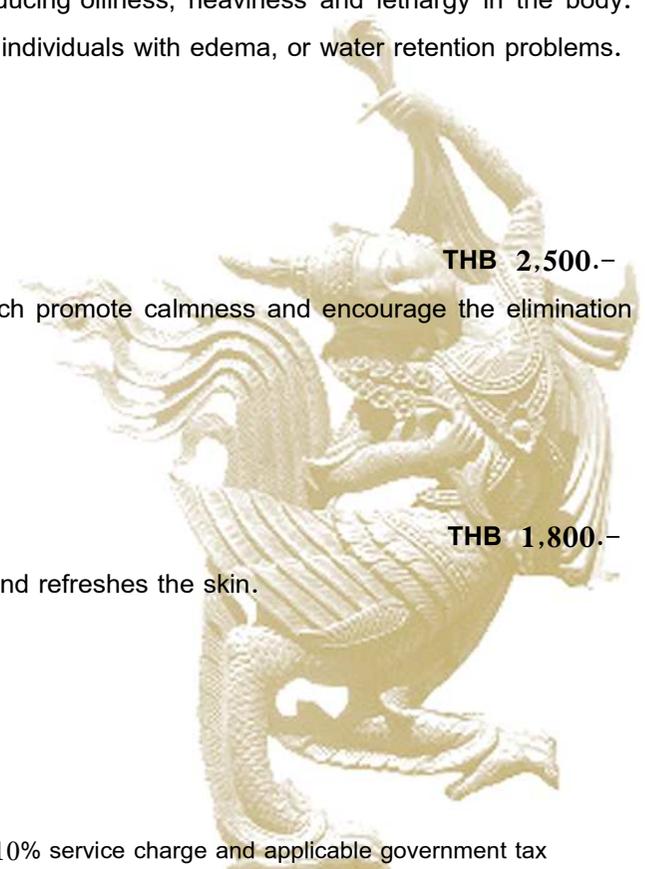
UBTAN WRAP

30 minutes

THB 1,800.-

This aromatic herbal powder wrap tones and refreshes the skin.

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TREATMENT ADDITIONS

ORIENTAL BODY GLOW

30 minutes

THB 1,800.-

This unique scrub combines honey, seeds and flowers personally blended for the Dheva Spa from the hills of northern Thailand. This scrub increases circulation and re-energizes a fatigued body. Ideal before a relaxing massage and perfect for the weary traveller.

JASMINE BODY POLISH

30 minutes

THB 1,800.-

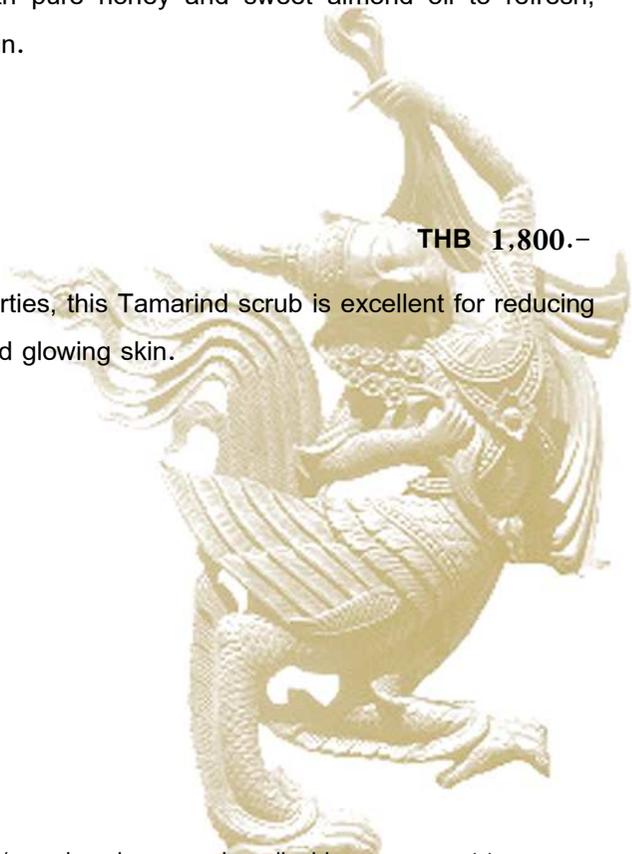
A gentle fresh jasmine scrub enriched with pure honey and sweet almond oil to refresh, nourish and tone, leaving behind healthy skin.

TAMARIND BODY GLOW

30 minutes

THB 1,800.-

Known for its beatifying and clarifying properties, this Tamarind scrub is excellent for reducing dark skin spots and promoting a brighter and glowing skin.





BODY WRAPS

Explore natural and fresh skin remedies from the Dheva Spa garden with body wraps that provide therapeutic benefits from herbs, oil and other natural ingredients.

Choose your favorite herbal combination followed by a steam bath to help skin assimilate ingredients while also detoxifying from the inside out.

THAI HERBAL

30 minutes

THB 1,800.-

This body wrap uses natural ingredients from the Lanna culture to detoxify problem skin. All key ingredients are blended together in a paste and warmed before applying to the entire body. Ideal for normal to oily skin.

WILD FOREST HONEY

30 minutes

THB 1,800.-

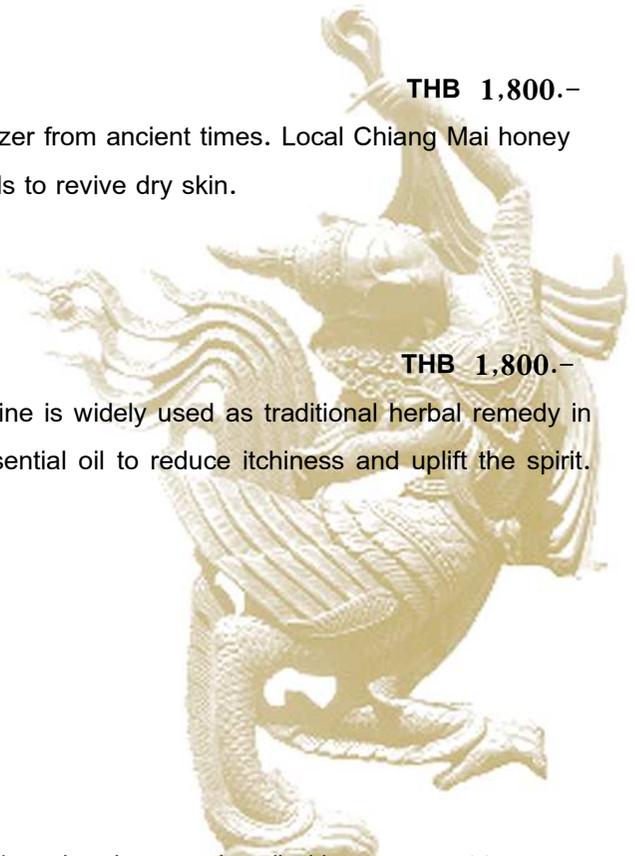
Honey is known as the best natural moisturizer from ancient times. Local Chiang Mai honey is combined with warm spices and herbal oils to revive dry skin.

NEROLI JASMINE

30 minutes

THB 1,800.-

Inspired by Southeast Asian tradition, Jasmine is widely used as traditional herbal remedy in combination with floral water and neroli essential oil to reduce itchiness and uplift the spirit. Good for dry to normal skin.



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SPECIALIZED FACIALS

By Aromatherapy Associates

Aromatherapy Associates, with their 28 years of experience in the field of aromatherapy, have designed this programme of treatments specifically for Mandarin Oriental, employing the finest quality products.

Renew

RENEW ROSE INDULGENCE

1 hour 20 minutes

THB 4,500.-

This facial softens, moisturizes and nourishes, using natural Damask Rose Water to enhance circulation and purify the skin. A rejuvenating facial and application of an hydrating mask are combined with a relaxing back, scalp, and pampering hand and arm massage.

REVITALIZING ROSE RENEWAL (FOR EXTRA SENSITIVE SKIN)

1 hour 20 minutes

THB 4,500.-

This facial treatment is specially designed for mature, dry and devitalized skin. The use of rose and frankincense helps smooth and revitalize skin texture, encouraging renewal. Hydrating and rejuvenating gel and mud masks are interspersed with a relaxing yet firming facial massage.



DEEP CLEANSING FACIAL

1 hour 20 minutes

THB 4,500.-

A purifying treatment for oily and combination skin. Powerful essential oils of lavender, ylang ylang and tea tree are at the heart of this facial. With natural antibacterial properties, they penetrate deep into the skin, this treatment refreshes and balances the skin and helps to regulate oiliness, leaving the complexion super clean and fresh.

FACIAL FOR MEN

50 minutes

THB 3,000.-

Specially developed to cleanse and invigorate the skin. The selected ingredients of lavender, tea tree and ylang ylang help in combating oiliness as well as shaving irritation, creating a healthy and well balanced complexion. Hot towel compress, scalp and foot massage are included as part of the treatment.



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BODY TREATMENTS

ESSENCE OF ROSE

2 hours

THB 8,400.-

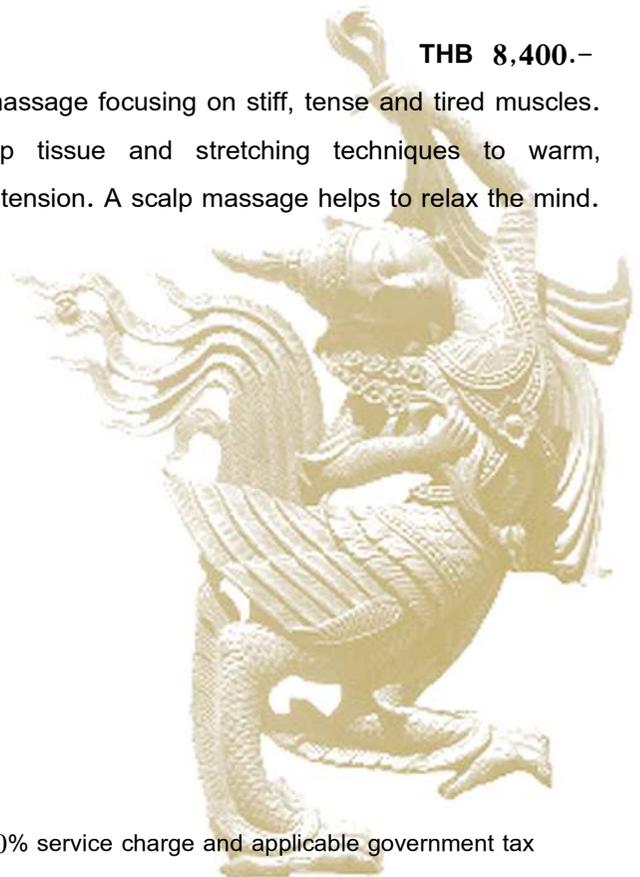
This is a rare body and facial treat. Natural olive grains are used for body exfoliation followed by a nurturing massage with essential oils and creams. The facial massage includes a hydrating mask and damask rose water to enhance circulation. Rose oil is known for its relaxing, soothing and balancing effects. It also inspires emotional calmness and stability. This gentle treatment is suitable for all skin types.

DE STRESS MUSCLE RELEASE

2 hours

THB 8,400.-

Relax with a full body exfoliation and a massage focusing on stiff, tense and tired muscles. This treatment involves intensive deep tissue and stretching techniques to warm, manipulate and ease the body to release tension. A scalp massage helps to relax the mind.



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AQUA EXPERIENCES

RASUL

1 hour

THB 2,800.-

A luxurious skin smoothing treatment which blends mineral rich mud, steam and heat to provide an experience that cleanses, releases toxins and rejuvenates. The treatment begins with an exfoliation using natural herbs before the mineral rich mud is applied to the body. Upon exposure to dry heat, the pores open and toxins are released. Guests are then escorted to the traditional mosaic-tiled treatment room to relax in the hot steam which softens the mud aiding absorption of the nutritious, natural minerals.

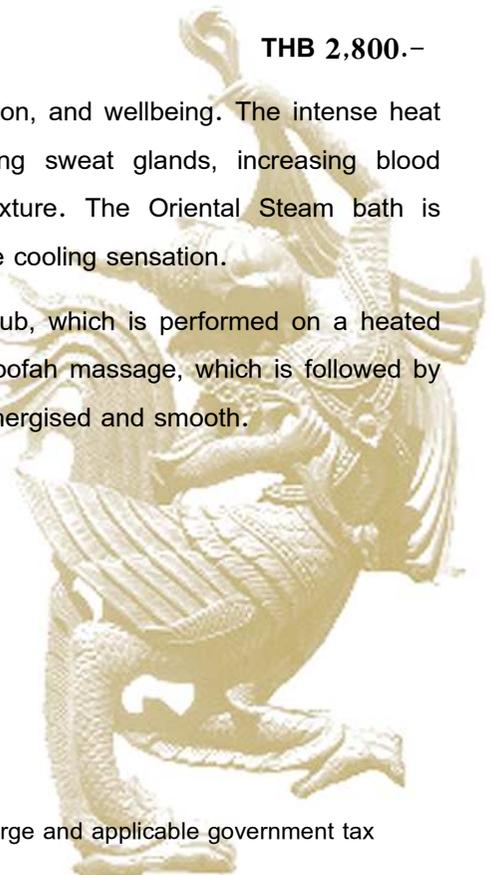
ORIENTAL STEAM BATH

50 minutes

THB 2,800.-

The Oriental Steam Bath provides a place for relaxation, and wellbeing. The intense heat warms the body slowly and continuously, stimulating sweat glands, increasing blood circulation and promoting healthy skin tone and texture. The Oriental Steam bath is equipped with two experience showers for an enjoyable cooling sensation.

The core of the Oriental Steam experience is the scrub, which is performed on a heated marble massage table. The treatment begins with a loofah massage, which is followed by the more invigorating scrub, leaving the body feeling energised and smooth.





VICHY SHOWER

45 minutes

THB 2,600.–

Enjoy a personalized fragrant essential oil scrub under an invigorating Vichy shower. Cascading stimulating waters combined with the enriching and nourishing effects of exfoliating elements, leaves the skin smooth, soft and revitalised. This is the ideal treatment to experience before any massage therapy.

HYDROTHERAPY BATH TREATMENT

30 minutes

THB 1,800.–

This specially devised treatment uses a fragrant blend of herbs to suit individual needs. Relax in the warm waters of a hydrotherapy tub, and enjoy the multi-directional pressure jets which provide a powerful and effective massage experience.



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BEAUTY SALON

NAIL CARE

French Manicure	60 minutes	THB 1,800.-
French Pedicure	1 hour 30 minutes	THB 2,000.-
Manicure	60 minutes	THB 1,400.-
Pedicure	1 hour 20 minutes	THB 1,600.-

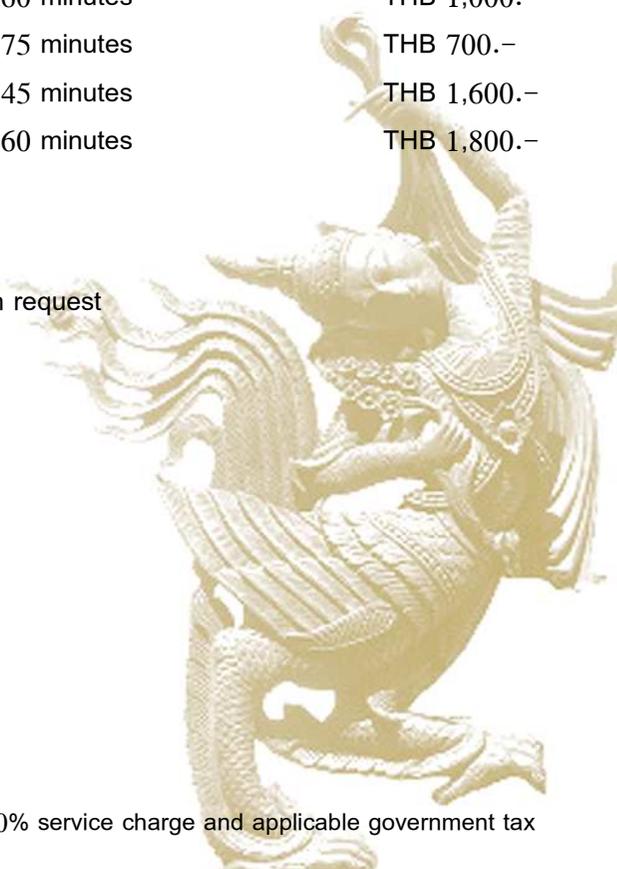
HAIR CARE

Hair Wash and Blow Dry	60 minutes	THB 1,000.-
Hair Styling	75 minutes	THB 700.-
Hair Cut & Set Gent	45 minutes	THB 1,600.-
Hair Cut & Set Lady	60 minutes	THB 1,800.-

WAXING

All waxing treatments are available upon request

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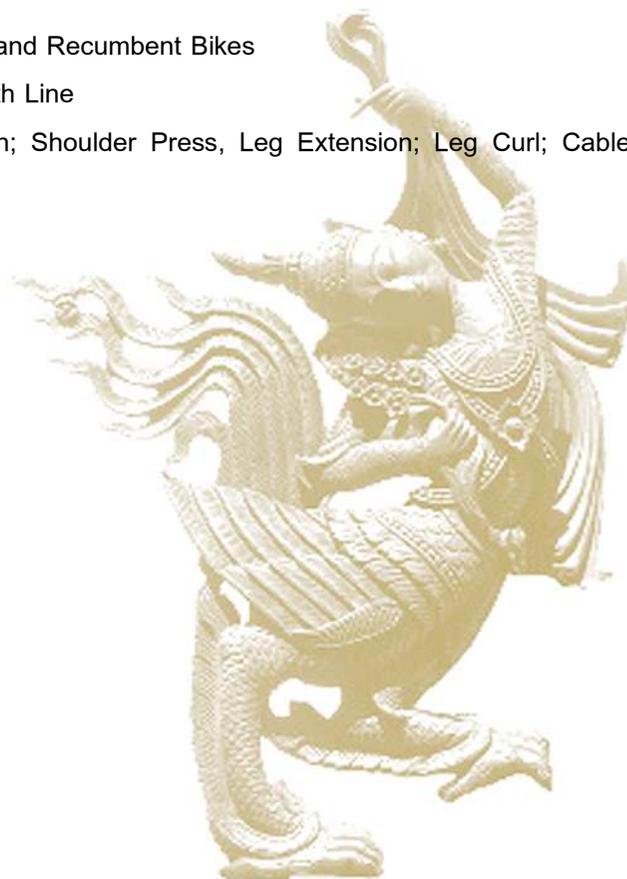


FITNESS & WELLNESS

Regular exercise is vital for a healthy heart, strong bones, longevity, increased energy, increased physical and mental health, weight management and stress reduction. An appropriate cardiovascular and strength programme that is suited to your individual goals and condition will bring both physiological and psychological benefits.

Our professional qualified fitness and wellness instructors can offer physical fitness and wellness programmes at the Fitness Centre or in your Villa. This is a great way to commit to lifestyle change and improving health during your stay.

- ❖ Life Fitness Signature Series Cardio, each equipped with personalised monitor & headsets:
Treadmills; Cross-Trainers; Upright and Recumbent Bikes
- ❖ Life Fitness Signature Series Strength Line
Chest Press; Pectoral Fly; Pulldown; Shoulder Press, Leg Extension; Leg Curl; Cable Motion Adjustable Pulley
- ❖ Free Weights: Benches; Dumbbells





PRIVATE PERSONAL SESSIONS

Our fitness and wellness instructors will work with you one-on-one, provide guidance and support, with the overall goal of enhancing your body, mind and spirit.

PERSONAL TRAINING

60 minutes

THB 1,200.-

Reach or maintain your optimum health and wellness conditions. Whatever your goal, be it improved overall fitness, endurance or a change in lifestyle; our fitness instructor will work with you, focusing on your unique health concerns to design a program that will suit your needs.

STRENGTH TRAINING

60 minutes

THB 1,200.-

Increase stamina and gain strength, for an overall improvement in endurance.

TENNIS CLASS

60 minutes

THB 1,200.-

For those new to tennis, or those who would like to work on the basics, our professional tennis coach will help you to improve your game.

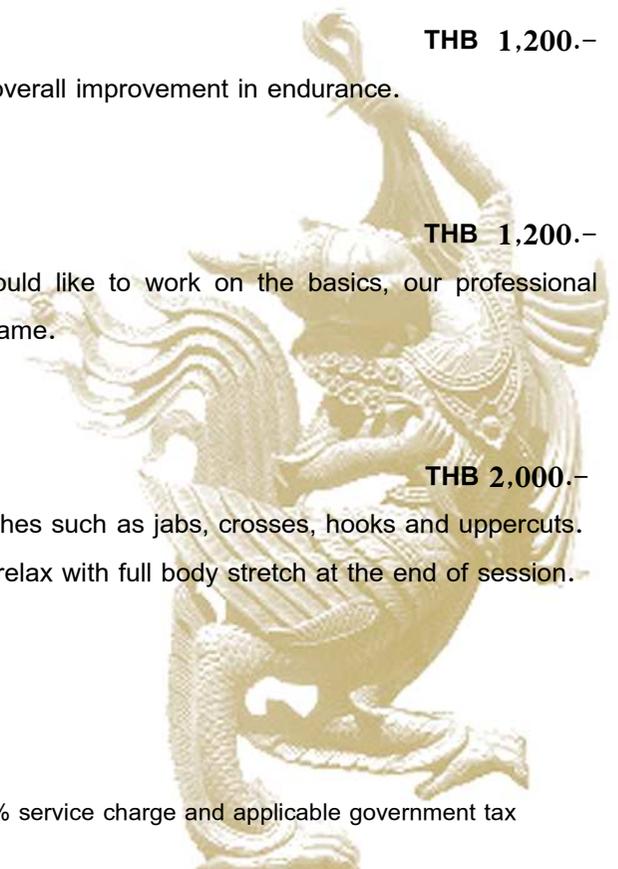
THAI BOXING WITH STRETCH CLASS

80 minutes

THB 2,000.-

Learn the basic techniques. Begin with punches such as jabs, crosses, hooks and uppercuts. Do gentle work in elbows, knees, kicks and relax with full body stretch at the end of session.

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IN-VILLA BOOT CAMP

60 minutes

THB 2,500.-

Boot Camp workouts and exercises are a great way to burn fat, lose weight and get ultra-fit. In the privacy of your own villa, have a fitness professional put you through your paces with a Boot Camp workout. Using the unique layout of your villa, our staff will push you to a new level of fitness.

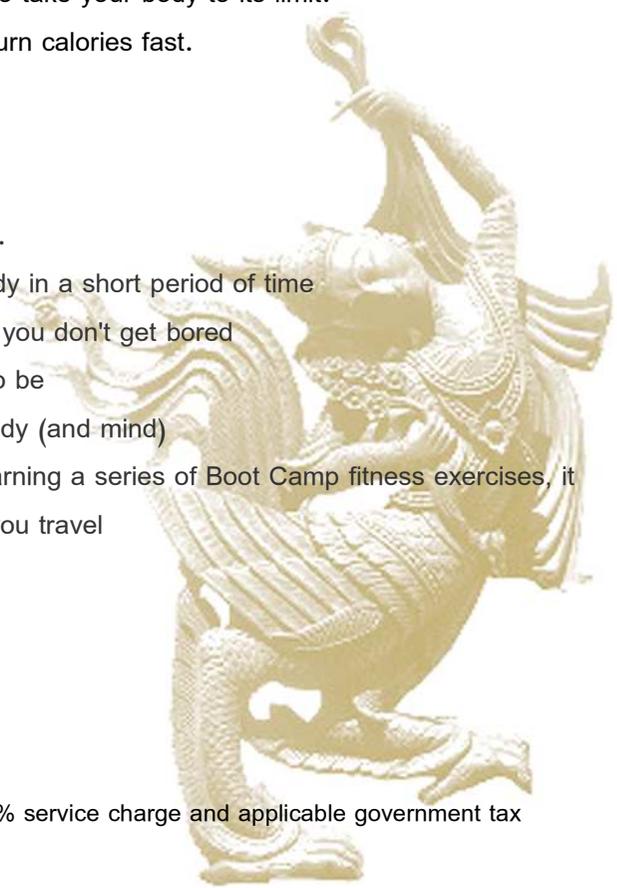
In-villa Boot Camp workouts are efficient because you work your entire body, heart and muscles, by going from one exercise to another with no rest. The workouts involve calisthenics like pushups, jumping jacks, crunches and other body weight exercises; the difference lies in the intensity.

In Boot Camp workouts, your challenge is to take your body to its limit. You work, you sweat and best of all, you burn calories fast.

In-Villa Boot Camp works out are

- A great way to burn lots of calories.
- Efficient – you work your whole body in a short period of time
- Fun – each exercise is different so you don't get bored
- As challenging as you want them to be
- Tones and challenges the entire body (and mind)
- Educational and portable. After learning a series of Boot Camp fitness exercises, it is easy to learn and do anywhere you travel

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YOGA AND WELLNESS PROGRAM

Experience a greater sense of wellbeing. The Dheva Spa believes that the greatest healing experience of the body and mind comes from within. With the practice of yoga and spiritual exercise you may awaken your inner potential and bring about a transformation of your whole being.

PRANAYAMA BREATHING

60 minutes

THB 2,500.-

Prana is the vital force in the body and Ayama means to stretch or control. Pranayama is an art of proper breathing for healthy respiration. This session includes discussion and practice of various breathing techniques as well as meditative relaxation to enhance a state of peacefulness in the body and mind.

YIN YANG YOGA

60 minutes

THB 2,500.-

This yoga class is based on the universal principles of yin and yang. Yang is represented by energetic and upright yogic postures while yin is represented by seated postures with deeper focus on breath and a slower flow.

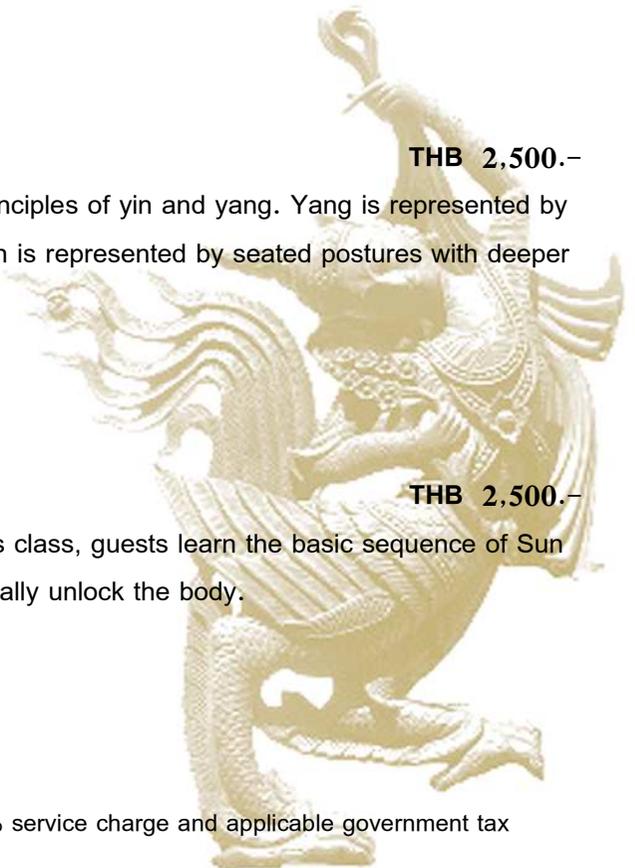
SURYA NAMASKAR

60 minutes

THB 2,500.-

Commonly known as 'Sun Salutation'. In this class, guests learn the basic sequence of Sun Salutations, twelve postures in total, to gradually unlock the body.

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HATHA YOGA

60 minutes

THB 2,500.-

Hatha yoga is the basic discipline to practice the Yogic concept for well-being. You are introduced to the various body postures and their benefits for body, mind and spirit.

SPIRITUAL EXERCISE

60 minutes

THB 2,500.-

This session focuses on an ancient mediation techniques. Just as our muscles require exercise to stay in shape, our spirit also requires exercise! Our life force, our spiritual flow will loose its creativity and power if we leave it unattended and under-nourished. This Spiritual Exercise is a wonderful way to release negative feelings and to harness forgiveness and understanding of our repeated behavioral patterns.

AI CHI

60 minutes

THB 2,500.-

This water-based exercise focuses on breathing and graceful flowing movements to cultivate life force energy or chi.

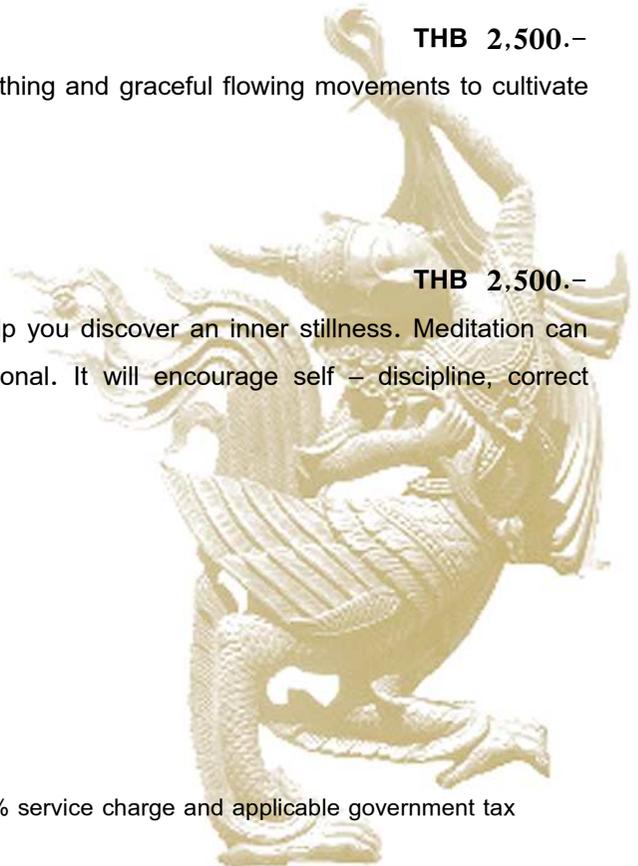
MEDITATION

60 minutes

THB 2,500.-

Meditation is a healing process that will help you discover an inner stillness. Meditation can be profoundly uplifting, calming and emotional. It will encourage self – discipline, correct breathing, posture and attitudes

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DHEVA ETIQUETTE

Opening hours: Daily 09:00 am – 09:00 pm

ARRIVAL

We recommend that you check in at the Dheva Spa's reception at least 30 minutes prior to your first scheduled appointment. This allows us to have a discussion with you about your treatment expectations. Please understand that late arrivals will not receive an extension of scheduled treatments.

ADVANCED BOOKINGS

We highly recommend booking your treatment in advance to ensure that your preferred time and service is available.

AGE REQUIREMENT

The minimum age requirement for access to the Spa and Fitness Center is 18. All ages are welcome in the hotel pool. Children under 18 must be accompanied by a responsible adult when in the pool area.

CANCELLATIONS

Please allow four hours notice of cancellation to avoid a 50% charge. Cancellations or no shows within two hours will incur a 100% charge. A credit card number is required at the time of booking.

CELLULAR TELEPHONE

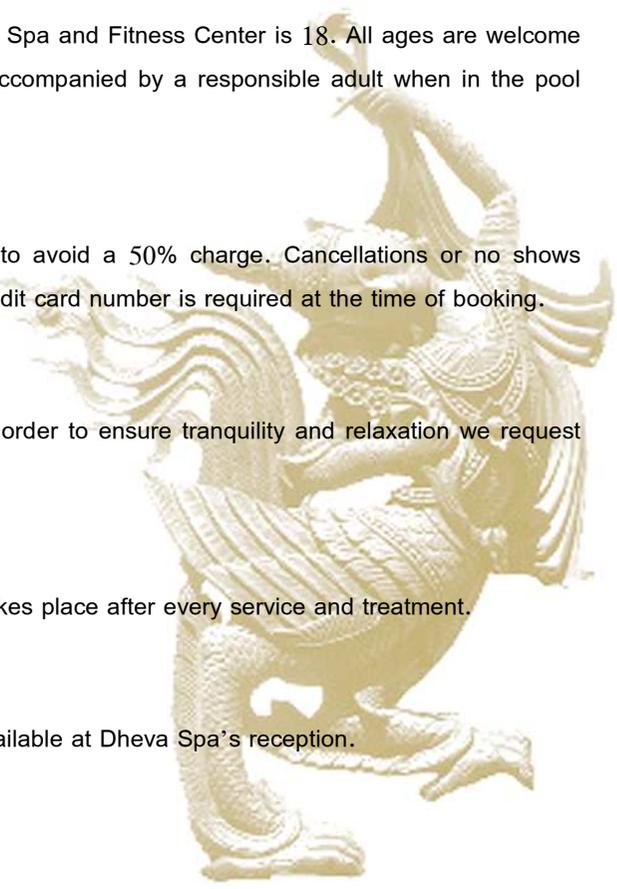
Noise pollution adds to our everyday stress. In order to ensure tranquility and relaxation we request you to kindly turn off your cell phone.

CLEANLINESS

Sterilization and sanitization of our equipment takes place after every service and treatment.

GIFT CERTIFICATES

An ideal gift for everyone, gift certificates are available at Dheva Spa's reception.





GRATUITY

For your convenience, a 10% service charge and 7% Government Tax will be added to your final bill of each treatment session. Personal gratuities are at your discretion.

GROUP ARRANGEMENTS

Services including holistic activity classes and a variety of wellness programmes may be organized.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies, or injuries, which could affect your treatment when making your spa reservation.

LOSS OR DAMAGE

We regret that we cannot be responsible for any loss or damage of personal articles. Please keep all valuables locked in your locker during your visit. For the protection of your clothing, we also ask that you wear the robe provided.

NO SMOKING

We offer a healthful, smoke-free environment for all of our guests. Kindly refrain from smoking within the grounds of the Dheva Spa.

PREGNANCY

We have specially designed treatments for expectant mothers. Please allow our reception to guide you in selecting which treatments are most suitable for you during this special time.

PACKAGES

Information on customized packages or group programmes is available at our reception.

SPA BOUTIQUE

To continue your spa regimen at home, all products used in the treatments and services are available in our Spa Boutique.

SCENT- FREE

For the comfort of all our spa guests, please refrain from wearing products scented with perfume or cologne.

